

New My Motherland and I

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Intermediate
编舞者: Diana Liang (CN) - September 2019
音乐: Wo He Wo De Zu Guo (我和我的祖国) - Liao Chang Yong (廖昌永) & Tan Jing (谭晶)



Bridge/Restart, Step in on Vocal

Bridge: 2C during W3/4/7/8

Restart: after 4&a of S2 during W4

S1: Sid Drag, 1/4R Back Drag, Coaster, Forward 1/4L Sweep Forward, Forward Sweep, Forward Point, Back Sweep 1/4L, Coaster

1&a step Rf to R, drag Lf towards Rf over &a 2&a turn 1/4 to R stepping Lf back, 3H, drag Rf towards Lf over &a
3&a step Rf back, step Lf next to Rf, step Rf forward
4&a turn 1/4 to L stepping Lf forward, 12H, sweep Rf from back to front over &a
5&a step Rf forward, sweep Lf from back to front over &a
6& step Lf forward, point Rf to R
7&a step Rf back, turn 1/4 to L Sweeping Lf from front to back over &a, 9H
8&a step Lf back, step Rf next to Lf, step Lf forward

Bridge Here: During W3/4/7/8, 2C of Side Drag

1-2 step Rf to R dragging Lf towards Rf, step Lf to L dragging Rf towards Lf

S2: Side Drag RL, 6 curved Runs in 1/2R, 1/2L, Shuffle, Rock Forward, Recover, 1/4R Together x2

1-2 step Rf to R dragging Lf towards Rf, step Lf to L dragging Rf towards Lf
3&a step Rf forward, turn 1/8 to R stepping Lf forward, 10:30H, turn 1/8 to R stepping Rf forward, 12H (all runs in small steps)
4&a turn 1/8 to R stepping Lf forward, 1:30H, turn 1/8 to R stepping Rf forward, 3H, step Lf forward (all runs in small steps)

Restart Here: During W4

5&a step Rf forward, turn 1/2 to L over &a and keeping weight on Rf, 9H
6&a step Lf forward, step Rf next to Lf, step Lf forward
7 slow rock Rf forward
8&a recover to Lf, turn 1/4 to R stepping Rf next to Lf, 12H, turn 1/4 to R stepping Lf slightly forward, 3H

Ending: dance up to 6& of S1 during W9. , then add the following 2C to finish front

1&a step Rf back, sweep Lf from front to back over &a
2&a step Lf back, step Rf next to Lf, step Lf forward, 12H

Thanks and happy dancing!

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