

# Listen To Your Heart

COPPER KNOB  
BY STEPSHEETS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Michelle Chen (TW) - September 2024  
音乐: Listen to Your Heart (Rumba) - Hantos Djay



Introduction : 8 counts \* 4 – Walls 2/4  
Starting LEFT(LF) at 12:00 direction  
Tag : 4 counts \* 2 Times  
ReStart : 2 Times

**Main Section: 8 counts \* 4**

**S1: BIG STEP, BACK R&R, SHUFFLE, 1/2TR STEP BACK, BACK W/KNEE POP, SHUFFLE**

1                    (Starting @12:00)Make LF a Big Step to Lsid  
2 3                Step RF Cross Behind LF, Recover back to LF  
4&5                Step RF Fwrđ, Step LF Ball Together, Step RF Fwrđ  
6 7                Make 1/2TR(@06:00) And Step LF Bwrđ, Step RF Bwrđ with LF Knee-Pop  
8&1                Step LF Fwrđ(In-Place), Step RF Ball Together, Step LF Fwrđ

**S2: TIME STEP R-L, 1/4 DIAMOND PARTIAL**

2&3                Step RF Together, Step LF In-Place, Make RF a Big Step to Rsid  
4&5                Step LF Together, Step RF In-Place, Make LF a Big Step to Lsid  
6&7                Step RF Cross Over LF, Step LF to Lsid, Make 1/8TR(@07:30) and Step RF Bfwd (w/ Hitch LF)  
8&                 Step LF Bwrđ, Make 1/8TR(@09:00) and Step RF Rsid

**S3: SPLIT CUBAN BREAK, PRISSY WALK, R&R W/LUNGE**

1 2&                Rock(Check) LF Cross Over RF, Recover back to RF, Ball Step LF Together  
3 4&                Rock(Check) RF Cross Over LF, Recover back to LF, Ball Step RF Together  
5 6                 Prissy Walk Fwrđ LF-RF  
7 8                 Rock(Lunge) LF Cross Fwrđ with Bending Both Knees, Recover back to RF

**S4: JUMP OUT-OUT HOLD JUMP IN-IN HOLD, STEP&HEEL BOUNCE TURN, 1/4TR CHASSE**

&1 2                Jump LF&RF Out-Out, Hold  
&3 4                Jump LF&RF In-In, Hold  
5 6 7                Step LF Fwrđ, Make 1/4TR(@12:00) and Bounce both Heels, Make 1/4TR(@03:00) and Bounce both Heels  
8&                 (1) Make 1/4TR(@06:00) and Step LF Lsid, Step RF Ball Together (,Make LF a Big Step to Lsid)

Note:for 8&1 it can be CHASSE or TIME STEP to Lsid Whenever Following with Tag or ReStart, Please Use TIME STEP, otherwise CHASSE

**TAG: 4 counts**

1 2 3 4            Sway Hip to Lsid-Rsid-Lsid-Rsid  
On the end of Wall2 @12:00 and the end of Wall4 @03:00

**RS(ReStart): 2 Times**

On Wall3, after (8 counts \* 2), ReStart @09:00  
On Wall6, after (8 counts \* 3), ReStart @06:00

**ENDING:**

On Wall10 Start @12:00, Dance only (8 counts \*2), in the end Make 1/2 (instead of 1/4) Diamond and Ending Pose @12:00.

Notes for abbr.

RF(Right Foot) / LF(Left Foot)  
Fwrđ(forward) / Bwrđ(backward) / Rsid(right side) / Lsid(left side)  
Diag (diagonal)  
TR(make a RightTurn) / TL(make a LeftTurn)

Contact:

If there is any question or suggestion, please don't hesitate to contact.

Thanks a lot. Hope you like it.

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