

Ituana Cha

拍数: 32 墙数: 4 级数: Improver
编舞者: John Bishop (AUS) - August 2024
音乐: Suspicious Minds - Ituana



Wait 8 counts to start on vocals.

[1 – 8]: HALF CHA-CHA BOX, ROCK, RECOVER, TRIPLE STEP 3/4 LEFT

1,2 Step R to side, step L next to R
3&4 Step R fwd, step L fwd, step R fwd [shuffle forward]
5,6 Rock fwd onto L, rock (recover) back onto R
7&8 Turn ¼ left and step L to side, step R turning ¼ left, step L turning ¼ left* [3:00]

* on wall 8 RESTART here to 6:00

[9 – 16]: SIDE, HOLD, TOGETHER-SIDE-ROCK; WEAVE: BEHIND, SIDE, ACROSS, 1/4 TURN

1,2& Step R to right, hold, step L beside R
3,4 Rock/step R to right, recover onto L
5,6,7 Step R behind L, step L to left, cross/step R in front of L
8 Step L back turning ¼ right [6:00]

[17 – 24]: BACK ROCK, RECOVER, ROLL FWD FULL TURN, CROSS, POINT, CROSS, POINT

1,2 Rock/step R back, recover fwd onto L
3,4 Step R fwd turning ½ left, step L back turning ½ left [option: walk fwd R, L]
5,6 Cross/step R in front of L, point/touch L toes to side
7,8 Cross/step L in front of R, point/touch R toes to side

[25 – 32]: JAZZ BOX CROSS 1/4 R, LUNGE, RONDE, BEHIND-SIDE-CROSS

1,2 Cross/step R in front of L, step L back turning ¼ right [9:00]
3,4 Step R to right, cross/step L in front of R
5 Big (lunge) step R to right
6 Sweep (ronde) L foot around towards R in a anti-clockwise direction
7&8 Cross/step L behind R, step R to right, cross/step L in front of R

*On wall 8 (starts at 3:00) dance up to and including count 8 and then RESTART to back wall (6:00)

Ending: Dance through to the end of wall 11 (starts at 12:00) and then make ¼ right turn stepping forward on R and dragging L together to face the front (12:00)