Deje De Amar Rumba

拍数: 32

12

级数: Improver Rumba

编舞者: Rarayanti Marwan (INA) - September 2024

音乐: Deje de Amar (feat. Marc Anthony) - Felipe Muñiz

Intro: 28 counts Weight on left foot, start the dance with right foot.

Step RF forward (W.O.R), Hold

34 Recover on LF, Step RF side on R Recover on LF, Step RF behind LF 56 1/4 L Turn step LF forward, Step RF forward (W.O.R) (09.00) 78 [9-16] Recover, 1/2 R Turn, Forward, Hold, RL Side & Sway, 1/4 R Turn, Forward 12 Recover on LF, ¹/₂ R Turn step RF forward (03.00) 34 Step LF forward (W.O.L), Hold *Restart here during wall 5 after changing direction of the step of count 11 into 1/4 R Turn (weight on left), and continue HOLD at count 12, and then do the restart Step RF side on R & sway RF hip, Step LF side on L & sway LF hip 56 78 1/4 R Turn step RF forward, Step LF forward (W.O.L) (06.00)

[17-24] Recover, ½ L Turn, L Full Turn, R Side & Sway, Hold, LR Side & Sway

- 12 Recover on RF, ¹/₂ L Turn step LF forward (12.00)
- 34 1/2 L Turn stepping back on RF, 1/2 L Turn step LF forward

Option for count 3 - 4 : RL Prissy Walk

- Step RF side on R & sway RF hip (W.O.R), Hold 56
- 78 Step LF side on L & sway LF hip, Step RF side on R & sway RF hip

[25-32] ¼ L Turn, ¼ L Turn, Behind, Hold, Side, Recover, RL Prissy Walk

- 12 1/4 L Turn step LF forward, 1/4 L Turn step RF side on R (06.00)
- 34 Step LF behind RF (W.O.L), Hold
- 56 Step RF side on R, Recover on LF
- 78 Step RF forward crossing over the left, Step LF forward crossing over the right

And start the dance over again!

RESTART

There is 1 restart in this dance, this happens at the 5th wall, by changing direction of count 11 into 1/4 R Turn, and maintain count 12, then restart.

[11 12] ¼ R turn step LF side on L (W.O.L), Hold

ENDING WALL

This dance is ended at count 1 of the 10th Wall Step : Simply do ½ L turn over the left foot and pose facing 12.00 o'clock

For any further information, please contact email : rrvigianti@gmail.com





墙数:2

[1-8] Forward, Hold, Recover, Side, Recover, Behind, 1/4 L turn, Forward