

Dead to Me

拍数: 64 墙数: 0 级数: Phrased Intermediate
编舞者: Austin Young (USA) - September 2024
音乐: Dead To Me - Chloe Adams



Sequence: A B A Tag A A B A Tag A B

A Pattern (32 Counts)

[1-8]: 1/4 R. CROSS ROCK RECOVER GRAPEVINE FRONT SIDE BEHIND FLICK L 1/4 TURN 1/2 TURN

1-2 Step RF in front of LF turning body 1/4 to R recover weight onto LF
3-4 Step RF to the side step LF in front of RF
5-6 Step RF to the side flick LF behind RF
7-8 1/4 turn LF forward 1/2 turn RF back

[9-16]: STEP BACK L BODY ROLL R COASTER STEP, STEP L 3/4 HITCH RIGHT 1/4 TURN TRIPLE STEP

1-2 Step LF back roll body
3&4 RF back LF together RF forward
5-6 Plant LF forward hitching right knee and rotating 3/4
7&8 Turn 1/4 RF forward LF together RF forward

[17-24]: LEFT TURN 1/4 FLICK R BEHIND 1/4 TRIPLE ROCK FORWARD TRIPLE BACK

1-2 Plant LF turn 1/4 right flick RF behind LF
3&4 Turn body 1/4 step RF forward step LF next to RF step RF forward
5-6 LF forward recover weight onto RF
7&8 Step LF back step RF next to LF step LF back

[25-32]: OPEN RIGHT FULL TURN, POINT HALF TURN MONTEREY

1-2 Step RF back opening body to the right touch LF toe forward
3-4 Shift weight onto LF 1/2 turn weight on RF 1/2 turn weight ends on LF
5-6 Point RF to R, 1/2 turn R stepping R beside L
7-8 Point LF to L stepping LF beside RF weight ends on LF

B Pattern (32 Counts)

[1-8]: SLIDE R TURN 1/4 SLIDE L TURN 1/4 SLIDE RIGHT TURN 1/4 SLIDE L

1-2 Push out with LF to R sliding LF next to RF turning body 1/4 L
3-4 Push out with RF to L sliding RF next to LF turning body 1/4 L
5-6 Push out with LF to R sliding LF next to RF turning body 1/4 L
7-8 Push out with RF to L sliding RF next to LF weight ends on LF

[9-16]: WALK WALK OUT-OUT IN-IN 1/2 HITCH L OPEN PREP TO L

1-2 Step RF forward step LF next to RF
&3&4 RF steps to R LF steps to L RF steps to center LF steps to center
5-6 Plant RF forward hitch L knee up turn 1/2
7-8 Step LF back recover weight onto RF

[17-24]: STEP FORWARD L FULL TURN LAND ON R STEP FORWARD L STEP FORWARD R 1/4 TURN

1-2 Step LF forward hold 1ct
3-4 Full turn over L shoulder step RF forward hold 1ct
5-6 Step LF forward hold 1ct
7-8 Step RF forward turn body 1/4 left hold 1ct shifting weight towards the right

[25-32]: SAILOR R STEP DIAGONAL LOCK HITCH 1/4 STEP 3/4 SWEEP SETTLE BACK ON L POP R

1&2 Step LF behind RF step RF to R side Step LF next to RF

- 3-4 Step RF behind LF step LF turning 1/4 left
5-6 Plant RF turning 3/4 Left sweeping LF front to back L toe lands behind RF
7-8 Settle weight back onto L heel pop R knee hold 1 ct
Optional 7-8& Settle weight back onto L heel pop R knee hip bump lifting RF up

Note on Final B phrase drop final 4 counts and replace with following

- 3-4 Step RF behind LF step LF to L side
5-6 Cross RF over LF 1/2 Unwind to first wall drag R hand accross neck with thumb pointed towards throat

Tag (20 Counts)

[1-8]: WALK R HOLD, L 1/2 PIVOT WALK L HOLD WALK R HOLD

- 1-2 Step RF forward hold 1ct
3-4 Step LF forward pivot 1/2
5-6 Step LF forward hold 1ct
7-8 Step RF foward hold 1ct

[9-16]: L 1/2 PIVOT WALK L HOLD R 1/2 PIVOT STOMP R STOMP L

- 1-2 Step LF foward pivot 1/2
3-4 Step LF foward hold 1ct
5-6 Step RF foward 1/2 pivot
7-8 Stomp RF stomp LF

[17-20]: R HAND ON NECK L HAND ON NECK LOOK UP AND TO L LOOK DOWN AND TO R

- 1-2 Raise R arm and place open palm on neck Raise L arm and place open palm on top of R hand
3-4 Look up and to L look down and to R
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