

Light of Grace

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: High Intermediate
编舞者: Dan Morrison (CAN) - September 2024
音乐: Tell Your Heart to Beat Again - Danny Gokey



One TAG/Restart

Intro: 16 Counts, Start on Lyrics

TAG/RESTART: During Wall 3 (12 o'clock) Dance first 6& Counts,
Then ¼ Step L for Count 7, then R Shuffle for 8&1 to start again.

Step, ¼ Pivot-Cross, Side-Behind-Side, Cross-Mambo, Rock-Recover-1/4

1 Step R forward
2&3 Step L forward (2) ¼ Pivot R, wt on R (&) Step L over R (3)
4&5 Step R side R (4) Step L behind R (&) Step R side R (5)
6&7 Step L over R (6) Recover onto R (&) Step L side L (7)

RESTART: Wall 3 (12 o'clock)

8&1 Step R over L (8) Recover onto L (&) Step R ¼ R (1)

½ Chase, Behind-Step-Step, Behind-Step, Rock-Recover

2&3 Step L forward (2) ½ Pivot R, wt on R (&) Step L forward (3)
4&5 Step R behind L (4) Step L forward (&) Step R forward (5)
6&7 Step L behind R (6) Step R forward (&) Step L over R (7)
8 Recover onto R

Ball-Cross, Step-1/8 Step-back, Side-Cross-Side, Rock-Recover-Side, Behind-Side-Step

&1 Step L side L (&) Step R over L (1)
2&3 Step L side L (2) 1/8 turn R, Step R back (&) Step L back (3)
4&5 1/8 turn R, Step R side R (4) Step L over R (&) Step R Side R (5)
6&7 Step L back (6) Recover onto R (&) Step L side L (7)
8&1 Step R behind L (8) Step L side L (&) Step R over L (1)

Mambo, Step-Rock-Step, ¼ Step, ½ Chase, Step

2&3 Step L forward (2) Recover onto R (&) Step L back (3)
4&5 ¼ turn R, Step R side R (4) Step L forward (&) Recover onto L (5)
6 ¼ turn L, Step L forward
7&8& Step R forward (7) ½ Pivot L, wt on L (&) Step R forward (8) Step L forward (&)

HAVE FUN AND ENJOY