

Back By Popular Demand

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Improver
编舞者: Chris Jackson (UK) - September 2024
音乐: Back by Popular Demand - The Originals & The Supremes : (Amazon)



Three easy restarts, 80-count intro, begins with weight on the left. Northern Soul!

SECTION ONE - CROSS ROCK, CHASSE RIGHT, CROSS, SIDE, BEHIND, SIDE, CROSS, BACK, SIDE, CROSS, SIDE-TOUCH, SIDE-TOUCH

1,2,3&4,5,6,7,8 Cross rock right over left, recover on left, right to right side, left next to right, right to right side, cross left over right, right to right side, cross left behind right, right to right side

1,2,3,4,5,6,7,8 Cross left over right, step back on right, left to left side, cross right over left, left to left side, touch right next to left, right to right side, touch left next to right

SECTION TWO - CROSS ROCK, CHASSE LEFT, CROSS, SIDE, BEHIND, SIDE, CROSS, BACK, SIDE, CROSS, SIDE-TOUCH, SIDE-TOUCH

1,2,3&4,5,6,7,8 Cross rock left over right, recover on right, left to left side, right next to left, left to left side, cross right over left, left to left side, cross right behind left, left to left side

1,2,3,4,5,6,7,8 Cross right over left, step back on left, right to right side, cross left over right, right to right side, touch left next to right, left to left side, touch right next to left

SECTION THREE - RIGHT, LEFT, SHUFFLE RIGHT, FORWARD ROCK, SHUFFLE HALF TURN LEFT, RIGHT, LEFT, SHUFFLE RIGHT, FORWARD ROCK, SHUFFLE QUARTER TURN LEFT

1-3&4,5,6,7&8 Forward right, forward left, shuffle forward R/L/R, rock forward on left, recover on right, shuffle a half turn over your left shoulder L/R/L (6.0)

1-3&4,5,6,7&8 Forward right, forward left, shuffle forward R/L/R, rock forward on left, recover on right, shuffle a quarter turn over your left shoulder L/R/L (3.0)

SECTION FOUR - CROSS-POINT, CROSS-POINT, CROSS-SWEEP, CROSS, BACK, SIDE, TOUCH, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

1-3,4,5,6,7,8 Cross right over left, point left to left side, cross left over right, point right to right side, cross right over left, sweep left from back to front, cross left over right, step back on right

1-3&4,5,6,7&8 Step left to left side, touch right next to left, right to right side, left next to right, right to right side, cross rock left over right, recover on right, left to left side, right next to left, left to left side

RESTART Wall 2 – Dance up to the end of Section Two and restart facing back wall.

RESTART Wall 4 – Dance up to the end of Section Two and restart facing front wall.

RESTART Wall 5 – Dance up to count 4 of Section Four and restart facing 3 o'clock.

ENDING Wall 7 – Facing back wall. Dance up to end of Section One and walk round half turn left L/R/L/R to face front – Ta Da!