

MeRe MehBoob

拍数: 32 墙数: 4 级数: Improver
编舞者: Andrico Yusran (INA) - September 2024
音乐: Mere Mehboob Mere Sanam (From "Bad Newz") - Udit Narayan, Alka Yagnik,
Lijo George - Dj Chetas, Anu Malik & Javed Akhtar



Bridge : On wall 2 after section 1 [8 counts] continue section 3

Restart : On wall 7 after 28 counts

Start dance after intro music 36 counts

INTRO DANCE 36 COUNTS

S1# *SIDE - CLOSE [R-L] - V STEP*

1-4 Step Side R to side , close R beside L , side L to side , close L beside R
5-8 Diagonal R forward to R , diagonal L forward to L , Back R to center , close L beside R

S2# *SIDE - CLOSE [R-L] - V STEP (Repeat section 1)*

1-4 Step Side R to side , close R beside L , side L to side , close L beside R
5-8 Diagonal R forward to R , diagonal L forward to L , Back R to center , close L beside R

S3# *CHASSE SYNCOPATED [R-L]*

1&2& Step R to side , close L beside R , side R to side , close L beside R
3&4 Side R to side , close L beside R , side R to side
5&6& Step L to side , close R beside L , side L to side , close L beside R
7&8 Side L to side , close R beside L , side L to side (weight on L)

S4# *CROSS SHUFFLE SYNCOPATED [L-R]*

1&2& Step R cross over L , side L to side , cross R over L , side L to side
3&4 Cross R over L , side L to side , cross R over L
5&6& Step L cross over R , side R to side , cross L over R , side R to side
7&8 Cross L over R , side R to side , cross L over R (weight on L)

S1# *ROCKING CHAIR*

1-4 Step forward R , recover on L , Back R , recover on

MAIN DANCE 32 COUNTS

S1. *SHUFFLE DIAGONAL [R-L] - JAZZ BOX*

1&2 Step R diagonal forward to R , close L beside R , diagonal R forward to R (weight on R)
3&4 Step L diagonal forward to L , close R beside L , diagonal L forward to L (weight on L)
5-8 Cross R over L , back L , side R to side , L forward

(Bridge Here on wall 2 / 8 counts)

S2. *SIDE - CLOSE (R-L) - 1/4 PADDLE TURN TO L - CLOSE*

1-4 Step side R to side , close R beside L , side L to side , close L beside R
5-8 point R to side , 1/8 point R to side turn to L , 1/8 point R to side turn to L , close L beside R

S3. *CROSS SHUFFLE SYNCOPATED - 1/2 VOLTA TURN L*

1&2& Step R cross over L , side L to side , cross R over L , side L to side
3&4 Cross R over L , side L to side , cross R over L
5&6& 1/4 turn to L forward , lock R behind R , 1/4 turn to L forward , lock R behind L
7&8 Forward L , lock R behind L , forward

(Restart Here on wall 7)

S4. *TRIPLE DIAGONAL [R-L] - 1/2 PIVOT TURN L - 1/4 SLIDE TURN TO L - CLOSE*

1&2 Step diagonal R forward to R , tap ball L beside R , tap ball R in place
3&4 Step diagonal L forward to L , tap ball R beside L , tap ball L in place
5-8 Forward R , 1/2 turn to L recover , 1/4 R slightly turn to L , close L beside R

BRIDGE 8 COUNTS

OUT - OUT - HOLD - HEAD MOVEMENT (L-R) - 1/4 OUT - OUT TURN L - HOLD - HEAD MOVED TO L - CLOSE

&-1-2 Step Out R to side , out L to side , HOLD

3-4 Making head movement to L and R

&-5-6 Step 1/4 out turn to L , out R to side , HOLD

7-8 Doing Head movement to L , close L beside R with head to front

(continue to section 3)

***START FROM THE TOP* ♥□**

Dancing with YOUR HeaRT

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