

Forgiveness

拍数: 32 墙数: 4 级数: Improver
编舞者: Melissa Woodley (NZ) - July 2024
音乐: Woman, Amen / Female - Home Free



Start 32 counts in, weight on L.

[1-8]: R Heel, Together, L Heel, Together, 2x R ½ turn pivots

1 2 R Heel Fwd, Step R beside L,
3 4 L Heel Fwd, Step L beside R,
5 6 Step R fwd, ½ Turn pivot over L shoulder (6:00),
7 8 Step R fwd, ½ turn pivot over L shoulder (12:00).

[9-16]: Vine R, Vine L ¼ Turn

1-4 Vine R (R side, L behind, R side, L touch)
5-8 Vine L ¼ turn (L side, R behind, L ¼ turn to 9:00, R touch beside L).

Restart here on Wall 3 facing 3:00.

[17-20]: Swivel R Toe-Heel-Toe-Heel to R side (with weight on L foot)

1 2 Swivel R Toe in, R Heel out
3 4 Swivel R toe in, R Heel out.

[21-24]: R Heel, Toe Across, Heel, Close

5 6 R Heel dig fwd, Touch R toe across L,
7 8 R Heel dig fwd, Close R beside L.

[25-28]: L Heel, Toe Across, Heel, Close

1 2 L Heel dig fwd, Touch L toe across R,
3 4 L Heel dig fwd, Close L beside R.

[29-32]: R Side Touch, L Side Touch. *

5 6 Step R to R side, Touch L beside R
7 8 Step L to L side, Touch R beside L.

*Counts 29-32 can be danced as a bouncy step/jump to R side and then to L side.

Begin dance again.

RESTART: On Wall 3 dance to count 16 and restart facing 3:00

TAG: On wall 7 after the end of the wall (facing 3:00) add on:

1 2 R Heel Dig Fwd, Step R beside L,
3 4 L Heel Dig Fwd, Step L beside R,

And then start the dance again facing 3:00.

Last Update: 24 Sep 2024