Throw Some Hallelujah



编舞者: Ria Vos (NL) - September 2024

音乐: Get By - Jelly Roll



Intro: 8 Counts

Side, Together, Chasse, Rock & Point, Sailor 1/4 Turn L

1-2 Step R to R Side, Step L Next to R

3&4 Step R to R Side, Step L Next to R, Step R to R Side5&6 Cross Rock L Over R, Recover on R, Point L to L Side

7&8 Step L Behind R, ¼ Turn L Step R Next to L, Step Fwd on L (9:00)

Crossing Samba R & L, Rock Fwd, Back, Touch, Back, Touch

1&2 Cross R Over L, Step L to L Side, Step R to R Side (option: Cross-Side Rock)
3&4 Cross Cross L Over R, Step R to R Side, Step L to L Side (option: Cross-Side Rock)

5-6 Rock Fwd on R, Recover on L

&7 Small Step Back on R, Touch L Slightly Fwd

&8 Small Step Back on L, Touch R Slightly Fwd ***Restart Point

(easy option 7-8: Walk Back R-L)

Back Rock w/Hitch, Shuffle Fwd, Rock Fwd, Coaster Cross

1-2 Rock Back on R Hitching L, Recover on L Stepping Fwd

(Throw Hands in the Air on 'Hallelujah')

3&4 Shuffle Fwd Stepping R-L-R5-6 Rock Fwd on L, Recover on R

7&8 Step Back on L, Step R Next to L, Cross L Over R

Sway R-L, Side-Together Fwd, Sway L-R, Side-Together-Back

1-2 Step and Sway R to R Side, Sway L

3&4 Step R to R Side, Step L Next to R, Step Fwd on R

5-6 Step and Sway L to L Side, Sway R

7&8 Step L to L Side, Step R Next to L, Step Back on L

Restart: After 16 Counts on Wall 4 (12:00) & 7 (3:00)

Tag: After wall 8 (12:00)

1-3 Lunch R to R Side

4 Turn ½ L on L Foot Hitching R (6:00)