

# Oh What a Life

拍数: 48      墙数: 2      级数: Intermediate  
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音乐: What A Life - Russell Dickerson



## SECTION 1: BACK ROCK, SHUFFLE 1/2 TURN L, BACK SLIDE, COASTER STEP

1-2      Step right back, recover onto left  
3&4      Turn 1/4 left, step right to side, step left next to right, turn 1/4 left, step right back  
5-6      Step left back, slide right toe back next to left  
7&8      Step right back, step left next to right, step right forward

## SECTION 2: CROSS, POINT, CROSS, POINT, HEEL GRIND 1/4 TURN L, BACK TOUCH

1-2      Cross left over right, point right to side  
3-4      Cross right over left, point left to side  
5-6      Grind left heel with toe inward, turn 1/4 left, step right back  
7-8      Step left back, touch right toe in front of left

## SECTION 3: STEP FWD, SIDE STEP 1/4 TURN R, SAILOR STEP 1/4 TURN R, STEP HOLD, BALL STEP, SCUFF

1-2      Step right forward, turn 1/4 right, step left to side  
3&4      Cross right behind left, turn 1/4 right, step left to side, step right to side  
5-6      Step left forward, hold  
&7-8      Step right ball behind left, step left forward, scuff right heel forward

## SECTION 4: CROSS ROCK, SIDE ROCK, WEAVE MODIFIED

1-2      Cross right over left, recover onto left  
3-4      Step right to side, recover onto left  
5-6      Cross right behind left, turn 1/4 left, step left forward  
7-8      Step right to side, cross left behind right

\* Restart here on the 3rd wall

## SECTION 5: SIDE STEP, POINT, 1/4 TURN L, 1/2 TURN, BACK SLIDE, COASTER STEP

1-2      Step right to side, point left to side  
3-4      Turn 1/4 left, step left forward, turn 1/2 left, step right back  
5-6      Step left back, slide right toe back next to left  
7&8      Step right back, step left next to right, step right forward

## SECTION 6: STEP, SCUFF, STEP, SCUFF, CROSS, 1/4 BACK STEP, SHUFFLE BACK

1-2      Step left forward, scuff right forward  
3-4      Step right forward, scuff left forward  
5-6      Cross left over right, turn 1/4 left, step right back  
7&8      Step left back, step right next to left, step left back

**BEGIN THE DANCE AGAIN**

Last Update: 24 Sep 2024