

Faena

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - September 2024
音乐: Faena - Polina



#16 count intro.

Side Rock/Sway Right, Cha Cha Cha, Side Rock/Sway Left, Cha Cha Cha.

1 2 Rock out on R to right side. Recover on to L.
3 & 4 Step R in place. Step L in place. Step R in place. (Cha Cha Cha)
5 6 Side rock on L out to left side. Recover on to R.
7 & 8 Step L in place. Step R in place. Step L in place. (Cha Cha Cha)

Rock Back With Kick, Recover, Walk x 2, Step Forward Lock Step, Step, Swivel 1/4 Turn Right.

1 2 Rock back on R kicking L slightly forward. Recover on to L.
3 4 Walk forward on R, L.
5 & 6 Step forward on R. Lock step L behind R. Step forward on R.
7 8 Step forward on L. Pivot/Swivel 1/4 turn right with relaxed knees. 3:00

1/4 Turn Left, Kick, Step Back 1/8 Turn, Touch Across, Left Diagonal Rock, Recover With Sweep, Sailor Step.

1 2 Pivot/Swivel 1/4 turn left. Kick L slightly forward. 12:00
3 4 Turn 1/8 left stepping back on L. Touch R across L. 10:30
5 6 Rock forward on R. Recover on to L sweeping R round from front to back. 10:30
7 & 8 Cross step R behind L. Step L to left side. Step R to right side. 10:30

Sway Left, Right, Left With Side Kick, Weave Left, Bounce Heels 3 Times Completing 5/8's Turn Left.

1 - 3 Sway hips left. Right, left with R kick out to right side. 10:30
4 & 5 Cross step R behind L. Step L to left side. Cross step R over L. 10:30
6 - 8 Bounce heels 3 times completing 5/8 turn left. 3:00

Walk x 2, Side Ball Step, Cross, Box Turn 1/4 Right, Forward Lock Step.

1 2 Walk forward on R, L.
& 3 4 Step on ball of R out to right side. Step L in place. Cross step R over L.
5 6 Turn 1/4 right stepping back on L. Step R out to right side. 6:00
7 & 8 Step forward on L. Lock step R behind L. Step forward on L.

Step Pivot 1/2 Turn Left, Step 1/2 Turn Right, Rock Back, Recover, Full Turn Left.

1 2 Step forward on R. Pivot 1/2 turn L.
3 4 Step forward on R. Turn 1/2 left stepping back on L. 6:00
5 6 Rock back on R. Recover on to L.
7 8 Turn 1/2 left stepping back on R. Turn 1/2 left stepping forward on L. 6:00

Step Pivot 1/4 Turn left, Cross Shuffle, Step Left Bumping hips L, R, L & Step Left, Touch In.

1 2 Step forward on R. Pivot 1/4 turn left. 3:00
3 & 4 Cross step R over L. Step L to left side. Cross step R over L.
5 & 6 Step L to left side bumping hips Left, Right, Left
& 7 8 Step R next to L. Step L to left side. Touch R next to L

Rolling Vine, Cross Step, Side Step, Hitch, Scissor Step, Tap.

1 - 3 Turn 1/4 right stepping forward on R. Turn 1/2 right stepping back on L. Turn 1/4 right stepping R to right side.
4 - 6 Cross step L over R. Step R to right side. Hitch L knee up across R. 3:00
7 & 8 & Step L to left side. Step R next to L. Cross step L over R. Tap R in next to L.

Start Again Enjoy!
