

Please, Follow Me (请跟我来)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Yuliana Chang (INA) - September 2024
音乐: Qing Gen Wo Lai (请跟我来) - Su Rui (蘇芮) & Kan Ping Yu (虞戡平)



No Restart

*1 tag1 at the end of the wall 2 :

Step Rf fwd (1), 1/2L-Step Lf in place (2), Step Rf fwd (3), 1/2L Step Lf in place (4)

**2 tag2 at the end of the wall 3,5 :

Step Rf fwd (1), 1/2L-Step Lf in place (2), Step Rf fwd (3), 1/2L Step Lf in place (4), Sway in R (5), Sway in L (6), Sway in R (7), Sway in L (8)

*1 tag3 at the end of the wall 4 :

Sec 1 :

1-8 Step Rf fwd (1), 1/2L-Step Lf in place (2), Step Rf fwd (3), 1/2L Step Lf in place (4), Cross Rf over Lf (5), Point Lf to L side (6), Cross Lf over Rf (7), Point Rf to R side (8)

Sec 2 :

1-8 Step Rf fwd (1), 1/2L-Step Lf in place (2), Step Rf fwd (3), 1/2L Step Lf in place (4), Step Rf fwd (5), Recover on Lf (&), Lunge Rf back (6), Step Rf fwd (7), Step Lf in place (&) Step Rf, make a full spiral turn L (8)

*1 tag4 at the end of the wall 6 :

1-8 Step Rf fwd (1), 1/2L-Step Lf in place (2), Step Rf fwd (3), 1/2L Step Lf in place (4), Cross Rf over Lf (5), Point Lf to L side (6), Cross Lf over Rf (7), Point Rf to R side (8)

Sec 1 : Touch Fwd, Recover, 1/4R-Touch Fwd, Coaster Step-Weave, 1/8R Fwd, Recover

1&2 3&4 Touch Rf fwd (1), Recover on Lf (&), 1/4R-Touch Rf fwd (2) (3.00), Step Rf backward (3), Step Lf next to Rf (&), Step Rf fwd (4)

5&6 7&8 Cross Lf over Rf (5), Step Rf to R side (&), Cross Lf behind Rf (6), Step Rf to R side (7), 1/8R-Step Lf fwd (&) (4.30), Recover on Rf (8)

Sec 2 : 1/2L-fwd, 1/2L, back, back, together, fwd, together - Fwd, recover, back, back, sway

1&2 3&4 1/2L-Step Lf fwd (1) (10.30), 1/2L-Step Rf back (&) (4.30), Step Lf back (2), Step Rf next to Lf (3), Step Lf fwd (&), Step Rf next to Lf (4)

5&6 7&8 Step Lf fwd (5), Recover on Rf (&), Step Lf back (6), Step Rf back (7), 1/8L-Sway to L (&) (3.00), Sway to R (8)

Sec 3 : Cross behind, sweep, side, cross over, side, recover-cross, 1/4L-back, 1/2L-fwd, together, fwd, together

1&2 3&4 Cross Lf behind Rf (1), Sweep Rf back to front (&), Step Lf to L side (2), Cross Rf over Lf (3), Step Lf to L side (&), Recover on Rf (4)

5&6 7&8 Cross Lf over Rf (5), 1/4L-Step Rf back (&) (12.00), 1/2L-Step Lf fwd (6) (6.00), Step Rf next to Lf (7), Step Lf fwd (&), Step Rf next to Lf (8)

Sec 4 : Basic Night Club-1/4R Diamond

12& 3 4& Step Rf to R side (1), Step Lf slightly behind Rf (2), Cross Rf over Lf (&), Step Lf to L side (3), Step Rf slightly behind Lf (4), Cross Lf over Rf (&)

5&6 7&8 Cross Rf over Lf (5), Step Lf to L side (&), 1/8 turn R-Step Rf back (6), Step Lf back (7), 1/8 turn R-step Rf to side (&), step Lf fwd (8) (9.00)

Good Luck & Enjoy It □□□□□□□□□□
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