

Menerka - Nerka

拍数: 40 墙数: 2 级数: Intermediate
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音乐: Menerka Nerka - Nagita Slavina



Intro Music. 16 Count

****2 Restarts**

Section 1. Right forward with left hitch, left back, right together, left back with right sweep, quarter left turn, NC with ¼ right turn

- 1 – 2& Step R forward while hitch L (1) step L backward (2) step R next to L (&)
3 – 4& Step L backward while R sweep front to back (3) cross R behind L (4) turn ¼ L, step L forward (&)
5 – 6& Step R to side (5) slightly L behind R (6) Cross R over L (&)
7 – 8&1 Turn ¼ R, step L backward (7) turn ½ R, step R forward (8) turn 1/2 R, step L back (&) turn 1/2 R, step R forward while L sweep from back to front (1)

***Restart here at wall 5 with change step and add 2 count step before restart.**

Section 2. Cross, Side, Behind with Sweep, Cross Rock LR, Sway with Lift L to side

- 2&3 Cross L over R (2) step R to side (&) cross L behind R while R sweep from front to back (3)
4&5 Cross R behind L (4) step L to side (&) cross R over L (5)
6&7 Recover L (6) step R to side (&) cross L over R (7)
8&1 Recover R (8) step L to side and sway (&) step R to side while L lift to L side (1)

Section 3. Quarter Right Turn, Walk Back, Sweep, Quarter Left Turn, Basic Right NC and Sway

- 2&3 Turn 1/4 R, step L forward (1) recover R (&) step R back while L sweep from front to back (3)
4&5 Cross L behind R (4) turn 1/4 L step L forward (&) big step R to side (5)
6&7 Cross L slightly behind R (6) recover R (&) step L to side and sway L (7)
8&1 sway R (8) sway L (&) step R back (1)

***Restart here at wall 3**

Section 4. Walk Back with Kick R, Run RLR, Full Right Turn

- 2&3 Step L back (2) step R back (&) step L back while R kick to front (3)
4&5 Step R forward (4) step L forward (&) step R forward (5)
6&7 Step L forward (6) turn 1/2 R, step R forward (&) step L forward (7)
8& Turn 1/2 L, step R back (&) turn 1/2 L, step L forward

Section 5. Half Diamond, Basic NC, Touch

- 1 - 2&3 Step R to side (1) turn 1/8 L, step L back (2) step R back (&) turn 1/8 L, step L to side (3)
4&5 Turn 1/8 L, step R forward (4) step L forward (&) turn 1/8 L, step R to side (5)
6&7 - 8 Cross L slightly behind R (6) recover R (&) step L to side (7) touch R next to L (8)

***Restart at wall 5 after section 1 but there is change step at count 8& and add 1 step before restart. The details are as follows :**

- 8&1 - 2 Turn ½ R, step R forward (8) step L forward (&) step R forward (1) step L forward and turn 1/2 R slowly keeping the weight on L

Enjoy The Dance

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