

3 Steps Ahead (P)

拍数: 32 墙数: 0 级数: Beginner - Circle Partner
编舞者: Dan Albro (USA) - 16 September 2024
音乐: OLD COUNTRY BARN - James Johnston
或: Thicc As Thieves - Lauren Alaina & Lainey Wilson
或: 4 Wheel High - Sean Stemaly



Music:

“Old Country Barn” by James Johnston

“Thicc As Thieves” by Lauren Alaina & Lainey Wilson

“4 Wheel High” by Sean Stemaly- 1 restart-2nd repetition-count 21

Intro: Start With Vocals

Start: Side by Side Position Facing Forward Line of Dance

[1-8] 3 STEPS FWD, KICK, BACK, TOUCH BACK, STEP, ½ PIVOT

1,2,3,4,5,6 Step fwd R, step fwd L, step fwd R, kick L fwd, step back L, touch R back

7,8 Step fwd R, pivot ½ turn left (weight on L),

Hands On count 7: release left hands and bring right hands over ladies head

[9-16] REPEAT STEPS 1-8 TRAVELING BACK LINE OF DANCE

Hands On count1: pick up left hands at waist, on count 7: release right hands and bring left hands over ladies head. Pick up right hands into side by side.

[17-24] CROSS, POINT, CROSS, POINT, ROCKING CHAIR

1,2,3,4 Cross step R over L, touch L side, cross step L over R, touch R side

5,6,7,8 Rock fwd on R, replace weight on L, rock back on R, replace weight on L

[25-32] CROSS, POINT, CROSS, POINT, 2 SHUFFLES FWD

1,2,3,4 Cross step R over L, touch L side, cross step L over R, touch R side

5&6, Step fwd R, step L next to R, step fwd R

7&8 Step fwd L, step R next to L, step fwd L