

La La La Ooh Ooh

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Good Good - Blessing Offor



Dance Begins on 0:04

Dance Pattern: 48 Counts (2x), TAG, 48 Counts (2x), 36 Counts, RESTART, 24 Counts, TAG, 48 Counts

(1-8) SYNCOPATED 180* CROSS UNWIND, SAILOR STEP 2x

1-4 Cross R over L Foot(1), Bounce Unwind over L Shoulder(2-4)
5&6 Step L Behind R(5), Step R to R Side(&), Step L to L Side(6)
7&8 Step R Behind L(7), Step L to L Side(&), Step R to R Side(8)

(9-16) 3/4 TURN R HITCH, R SHUFFLE, STEP L 1/4 TURN, SWAY RLR

1-2 Step L Forward(1), 3/4 Turn Hitch Over R Shoulder(2)
3&4 Step R Forward(3), Step L Next to R(&), Step R Forward(4)
5-6 Step L Forward with 1/4 to R(5), Sway R(6)
7-8 Sway L(7), Sway R(8)

(17-24) BEHIND SIDE CROSS, R KICK BALL CHANGE, R CROSS POINT, L CROSS POINT

1&2 Step L Behind R (1), Step R to R Side (&), Cross L Over R(2)
3&4 Kick R Forward (3), Step R Next to L (&), Step L Down Next to R (4)
5-6 Cross R Over L (5), Point L to L Side (6)
7-8 Cross L Over R (7), Point R to R Side (8)

(25-32) R 1/4 TURN JAZZ BOX, 1/2 TURN CHUG, R COASTER

1-2 Cross R Over L(1), Step L Back(2)
3-4 1/4 Turn R with R Step to R Side(3), Step L Forward(4)
5-6 Syncopated R 1/2 Turn Bounces Over R Shoulder(5-6)
7&8 Step R Back(7), Step L Next to R(&), Step R Forward(8)

(33-40) L ROCK, BACK L SHUFFLE, R ROCK, FULL TURN

1-2 Step L Forward(1), Recover on R(2)
3&4 Step L Back(3), Step R Next to L(&), Step L Back(4)
5-6 Step R Back(5), Recover on L(6)
7-8 Full Turn Over L Shoulder

(41-48) R SIDE ROCK, BEHIND SIDE CROSS, L SIDE ROCK, BEHIND SIDE CROSS

1-2 Rock R to R Side(1), Recover on L(2)
3&4 Cross R Behind L(3), Step L to L Side(&), Cross R Over L(4)
5-6 Rock L to L Side(5), Recover on R(6)
7&8 Cross L Behind R(7), Step R to R Side(&), Cross L Over R(8)

TAG: 8 Counts Total

(1-8) Behind Side Cross 1/2 Turn 2x

1-2 Rock R to R Side(1), Recover on L(2)
3&4 Cross R Behind L(3), Step L to L Side(&), Cross R Over L(4)
5 1/2 Turn Unwind Over L Shoulder(5)
6&7 Cross R Behind L(6), Step L to L Side(&), Cross R Over L(7)
8 1/2 Turn Unwind Over L Shoulder(8)

Last Update: 19 Sep 2024

