

# Move

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Indrawati Damanik (INA) - September 2024  
音乐: MOVE (feat. Lavinia) - Shaggy



\*\*\*Intro 16 count – No Tags, 2 Restarts

## SEC. 1. ROCK CROSS, RECOVER, CHASSE (R – L)

1 – 2      rock cross RF over LF, recover on LF  
3 & 4      step RF to R, step LF beside RF, step RF to R  
5 – 6      rock cross LF over RF, recover on RF  
7 & 8      step LF to L, step RF beside LF, step LF to L

Restart here on wall 6 & wall 8

## SEC. 2. V STEP, PIVOT ½ TURN L AND FLICK, RUN R-L-R,

1 – 4      step RF to R diagonal fwd, step LF to L diagonal fwd, step RF back to center, step LF beside RF  
5 – 6      step RF fwd, turn ½ L while flick RF, step LF in place  
7 & 8      step RF fwd, step LF fwd, step RF fwd

## SEC. 3. TOUCH DIAGONAL FORWARD AND HIP BUMB (L - R), JAZZ BOX AND TURN ¼ R,

1 & 2      touch LF diagonal L fwd while push L hips to L-R-L  
3 & 4      touch RF diagonal R fwd while push R hips to R-L-R  
5 – 8      cross RF over LF turn ¼ R, step LF back, step RF to R, step LF fwd

## SEC. 4. ROCK SIDE, RECOVER, TOGETHER (R – L), TWIST (R - L)

1 – 2&      rock RF to R, recover on LF, step RF beside LF  
3 – 4&      rock LF to L, recover on RF, step LF beside RF  
5 & 6      twist both heels to R, twist both toes to R, twist both heels to R  
7 & 8      twist both heels to L, twist both toes to L, twist both heels to L

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Happy Dancing...

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