

No More Digging

拍数: 32 墙数: 4 级数: Improver
编舞者: Ray Jones (WLS), Matt Lewis (UK) & Michelle Risley (UK) - September 2024
音乐: I Got A Feeling (feat. Georgia Ku) - Felix Jaehn & Robin Schulz



A[1-8] Side, Touch Behind, ¼ Turn, ¼ Turn, Sway- L R L, ¼ Turn Flick

1-2 Step R To Side, Tap Right Behind Left (Throw Arms To Right Side & Look Right)
3-4 ¼ Turn Left Step Forward Left, ¼ Turn Left Step Right To Side (6oc)
5-6 Sway Weight To Left Pushing Hips Left, Recover Pushing Hips Right
7-8 Sway Weight Left Turn ¼ Left, Flick Right Foot Back (3oc)

B[1-8] Cross, Side, Sailor Heel, Cross, Bounce, Cross Shuffle

1-2 Cross Right Over Left, Left To Side (3oc)
3&4 Right Behind Left, Side Left, Right Heel Forward Diagonal
&5&6 Step Right Beside Left, Cross Left Over Right, Small Heel Bounce, Weight On L
&7&8 Step Right, Cross Left Over Right, Side Right, Cross Left Over Right

C[1-8] Walk With Knee Roll, L Walk With Knee Roll, Pivot ½ Hitch, Pivot ¼ Hitch

1-2 Walk R Fwd Rolling The R Knee Out Slightly (3oc)
3-4 Walk L Fwd Rolling The L Knee Out Slightly,
5-6 Step Forward Right, Pivot ½ Left, Hitch Left Knee (9oc)
7-8 Step Forward Left, Make ¼ Turn Left, Hitch Right (6oc)

D[1-8] R Slide, Behind, ¼ Turn Forward, Out, Out, Back Touch, Back Touch

1-2 Large Step Right, Drag Left Toward Right (6oc)
3&4 Left Behind, Make ¼ Right Step Forward Right, Step Forward Left (9oc)
5-6 Step Right Forward Diagonal, Step Left Forward Diagonal
&7&8 Step Back Right, Touch Left Toe Across Right, Step Back Left, Touch Right Toe Across Left

Start Again facing 9oc

Have Fun With Your Own Styling.
