Saturday SYA



编舞者: Ashley Boomershine (USA) & Julia Kereszturi (USA) - September 2024

音乐: Down - Jason Derulo & David Guetta



Intro: 16 counts, starts with lyrics Phrasing: A, A, Tag, B, A, A, Tag, C, B, B

Phrase A: 32c

[1-8] WIZARD, ROCK-RECOVER, 1/4 STEP POINT, HIP SWAY X2

1-2& Step fwd on LF, lock RF behind LF, step fwd on LF

3-4 Step fwd on RF, recover onto LF

5-6 1 /4 turn over R shoulder stepping RF to R (3:00), point LF to L 7-8 Shift weight to LF, shift

weight to RF (optional hip sways)

[9-16] 1 1/4 TURN, ROCK-RECOVER, 1/2 SHUFFLE, ROCK-RECOVER 1/4 STEP

1-2 Shift weight onto LF making 1 1/4 turn over L shoulder

3-4 Step fwd on RF, recover onto LF

5&6 1 /4 turn over R shoulder stepping RF to R (3:00), step LF next to RF, 1/4 turn over R shoulder

stepping RF fwd (6:00)

7&8 Step fwd on LF, recover onto RF, 1/4 turn over L shoulder stepping LF to L (3:00)

[17-24] HIP SWAY X2, BEHIND SIDE CROSS, MAMBO, 1/4 STEP FULL TURN

1-2 Hip sway to R, hip sway to L

3&4 Step RF behind LF, step LF to L, 1/8 turn over L shoulder crossing RF in front of LF (1:30)

5&6 Step fwd on LF, recover onto RF, step back onto LF

7-8 1 /8 turn over R shoulder stepping RF to R (3:00), full turn over R shoulder on RF

[25-32] STEP CROSS, STEP 1/4 PIVOT, STEP SLIDE TAP

1-2 Step LF to L, cross RF in front of LF

3-4 Step LF to L, 1/4 pivot over R shoulder shifting weight onto RF (6:00)

5-6 Step fwd on LF, hold

7-8 Step back on RF sliding LF towards RF, tap LF next to RF

When Phrase A comes before the Tag, 8 is a step with a full weight transfer instead of just a tap

Phrase B: 16c

[1-8] CROSS ROCK-RECOVER, CROSS 1/4 SWEEP, SAILOR, 1/4 TURN TOOTSIE ROLL

1-2& Cross RF in front of LF, step LF to L, recover on RF

3-4 Cross LF in front of RF, step down onto RF turning 1/4 over L shoulder and sweeping LF front

to back (3:00)

5&6 Step LF behind RF, step RF slightly to R, step LF to L diagonal

7-8& 1 /4 turn over R shoulder squaring up to front and splitting weight between both feet, roll knees

inward, roll knees out

[9-16] STEP TOUCH X2, SCUFF OUT OUT, WALK AROUND

1&2& Step RF fwd on R diagonal, touch LF next to RF, step LF fwd on L diagonal, touch RF next to

LF

3&4 Scuff RF fwd, step RF out to R, step LF out to L

5-6 1 /4 turn over L shoulder stepping RF fwd (9:00), 1/4 turn over L shoulder stepping LF fwd

(6:00)

7-8 1 /4 turn over L shoulder stepping RF fwd (3:00), 1/4 turn over L shoulder stepping LF fwd

(12:00)

[1-8] HEELS X2, HIP POP, PONY X3

1&2&	Touch R heel fwd, replace RF, touch L heel fwd, replace LF
3&4	Touch R toe fwd, pop hips up to R, pop hips down to L
5-6	Step fwd on RF, lock LF behind RF hitching R knee

&7&8 Step fwd on ball of RF, step down on LF hitching R knee, step fwd on ball of RF, step down

on LF hitching R knee

[9-16] ROCK-RECOVER, 1/4 TURN SLIDE, KICK BALL POINT X2

1-2	Step fwd on RF, r	ecover onto LF

3-4 1 /4 turn over R shoulder stepping RF to R sliding LF towards RF (3:00), step LF next to RF

5&6 Kick RF fwd, step down on RF, point LF out to L 7&8 Kick LF fwd, step down on LF, point RF out to R

[17-24] ROCK-RECOVER, 1/4 TURN SLIDE, ROCK-RECOVER, HIP SWAY X2

1-2	Step RF fwo	d, recover ont	o LF

3-4 1 /4 turn over R shoulder stepping RF to R sliding LF towards RF (6:00), step LF next to RF

5-6 Step RF fwd, recover onto LF

7-8 1 /4 turn over R shoulder stepping RF to R swaying hips to R (9:00), sway hips to L

[25-32] KICK BALL POINT X2, CROSS 3/4 UNWIND

1&2	Kick RF fwd, step down on RF, point LF out to L
3&4	Kick LF fwd, step down on LF, point RF out to R

5-6 Cross RF in front of LF, begin 3/4 unwind over L shoulder 7-8 Continue/finish unwind (12:00)

Tag

[1-8] CROSS POINT X2, HEEL GRIND, STEP TOGETHER

1-2 Cross RF in front of LF, point LF out to L3-4 Cross LF in front of RF, point RF out to R

5-6 Step R heel down in front of LF and grind from L to R, step down onto LF 7-8 Step back on

RF, step LF next to RF

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