

Alvida Na Kehna

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Wiwik Katarina (INA) - September 2024
音乐: Janam Janam (From Dilwale) - Arijit Singh & Antara Mitra : (Ost Dilwale)



INTRO : 34 C

The dance start on vocal

There is 1 Restart With Step Change on Wall 6 after 16 C

I. LINDY, ¼ R, ½ R RONDE, FWD ROCK, RECOVER

1, &, 2 R side (1), L together (&), R side (2)
3, 4 Rock L cross behind R (3), Recover on R (4)
5 - 8 ¼ R step L back facing 3:00 (5), ½ R lift R from the floor step R fwd facing 9:00 (6), Rock L fwd (7), Recover on R (8)

II. (BACK LOCK SHUFFLE) R-L, BACK ROCK, RECOVER, PIVOT ¼ R

1, &, 2 L back (1), Lock R cross L (&), L back (2)
3, &, 4 R back (3), Lock L cross R (&), R back (4)
5 - 8 Rock L back (5), Recover on R (6), L fwd (7), ¼ R in place facing 12:00 (8)

#Step change here with ¼ R touch beside L (8) and

Restart the dance facing 3:00 on Wall 6

III. CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SCISSOR

1, &, 2 Cross L over R (1), R side (&), Cross L over R (2)
3, 4 Rock R to side (3), Recover on L (4)
5, &, 6 R behind L (5), L side (&), Cross R over L (6)
7, &, 8 L side (7), R together (&), Cross L over R (8)

IV. REVERSE ROLLING VINE WITH HITCH, BACK ROCK, RECOVER, ¾ L UNWIND

&, 1, &, 2 Hitch R knee slightly to R (&), ¼ L step R back facing 9:00 (1), Hitch L knee slightly to L (&), 1/4 L step L side facing 6:00 (2)
&, 3, &, 4 Hitch R knee slightly to R (&), ½ L step R side facing 12:00 (3), Hitch L knee slightly to L (&), Step L behind R (4)
5 - 8 Rock R back (5), Recover on L (6), Cross R over L (7), ¾ L facing 3:00 weight on L (8)

Enjoy the dance

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