Kamala Waltz Easy

拍数: 24

级数: Absolute Beginner

编舞者: Shanthie De Mel (AUS) - 10 September 2024

音乐: Three Times a Lady (Waltz) - Tony Evans and His Orchestra

Intro: 12 Count. Start on vocals. Keep the beat. No Tags or Restarts. Rotation left. NOTE. The music ends at last rotation facing 12:00. Pose! Do your own styling.

(1-6) FORWARD, LIFT, HOLD, BACK, TOGETHER, TOGETHER,

- 1, 2, 3 Step L forward. Slow lift R forward. Hold.
- 4, 5, 6 Step R back. Step L together. Step R together. (12:00)

(7-12) LEFT BACK. CROSS. BACK. RIGH BACK. CROSS. BACK.

- Step L back to left diagonal. Cross R over L. Step L back to left diagonal. 1, 2, 3
- 4, 5, 6 Step R back to right diagonal. Cross L over R. Step R back to right diagonal. (12:00)

(13-18) STEP/SWAY. DRAG. HOLD. STEP/SWAY. DRAG. HOLD.

- 1, 2, 3 Take a big step on L to left side with sway. Drag R to L without weight. Hold.
- Take a big step on R to right side with sway. Drag L to R without weight. Hold. (12:00) 4, 5, 6

(19-24) WALTZ BACK. TURN ¼ LEFT STEP. POINT. HOLD.

- 1, 2, 3 Step L back. Step R together. Step L together.
- 4, 5, 6 Turning ¹/₄ left step R to right side. Point L to left side. Hold. (9:00)

Begin Sequence again. Smile! Enjoy the dance!





墙数:4