

# Lying to Myself

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Brenda Shatto (USA) & Barbara Tobin (USA) - September 2024  
音乐: Lying To Myself - Kate Hudson



**Restart: Wall 5 after 16 counts (facing 3:00)**

**Intro: 32 counts, start with weight on L**

**(1-8) Side, together, forward lock, 1/2 right pivot, 1/4 right turning chasse**

1,2            Step R to right, close L  
3&4           Step R forward, lock L behind, step R forward  
5,6           Step L forward, pivot 1/2 right [6:00]  
7&8           Continue turning 1/4 right stepping L to left, close R, step L to left [9:00]

**(9-16) Cross behind, side, crossing shuffle, side rock, 1/2 left sailor**

1,2            Cross R behind L, step L to left  
3&4           Cross R over L, step L to left, cross R over L  
5,6           Rock L to left, recover R  
7&8           Sweep L behind R while turning 1/2 left, close R, step L forward [3:00]

**\*restart Wall 5 facing [3:00]**

**(17-24) 1/2 left turn with slow sweep, back rock, recover, spiral, walk, walk**

1,2            Turn 1/2 left stepping R back sweeping L from front to back, continue sweep [9:00]  
3,4            Rock L back, recover R  
5,6            Step L forward, full right turn spiral on L  
7,8            Step R forward, step L forward

**(25-32) 1/4 left pivot, 1/4 left pivot, cross and close, kick ball cross**

1,2            Step R forward, pivot 1/4 left [6:00]  
3,4            Step R forward, pivot 1/4 left [3:00]  
5,6            Cross R over L, step L next to R (angling to right diagonal)  
7&8           Kick R to right diagonal, step R next to L, cross L over R

**Square up to [3:00] when starting the dance again on count 1.**

**Ending: The dance ends facing [6:00]. Unwind 1/2 turn right to face [12:00].**

**Contact the choreographers with your questions:**

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