

Moves Like That

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Kim Liebsch (DK) - September 2024
音乐: The Moves (feat. Muni Long & Nile Rodgers) - NEIKED



Intro: 32 counts (appr.20 sec.)

Start with weight on L foot

**2 Restarts:

1) On wall 2 after 16 counts (*12:00)

2) On wall 5 after 16 counts (**6:00)

*1 tag: After wall 6- Touch L beside R instead of step down on count 32, before tag (≠12:00)

Tag: See description

#1 section: 2 hip bumps, coaster step X 2

1&2 Step R toe fw. make 2 hip bumps 12:00
3&4 Step back on R, step L next to R, step fw. on R 12:00
5&6 Step L toe fw. make 2 hip bumps 12:00
7&8 Step back on L, step R next to L, step fw. on L 12:00

#2 section: Hitch point ¼ turn recover, sway sway X 2

1-2 Hitch point R to R side making ¼ turn L, recover on L 9:00
3-4 Sway R, sway L 9:00
5-6 Hitch point R to R side making ¼ turn L, recover on L 6:00
7-8 Sway R, sway L (*12:00) (**6:00) 6:00

#3 section: Cross side, tap tap side, cross side, sailor step

1-2 Cross R over L, step L to L side 6:00
3&4 Tap R next to L twice, step R to R side 6:00
5-6 Cross L over R, step R to R side 6:00
7&8 Sweep/cross L behind R, step R to R side, step L to L side 6:00

#4 section: Heel grind ¼ turn coaster step X 2

1-2 Step R heel fw. grind R heel ¼ turn R stepping back on L 9:00
3&4 Step back on R, step L next to R, step fw. on R 9:00
5-6 Step L heel fw. grind L heel ¼ turn L stepping back on R 6:00
7&8 Step back on L, step R next to L, step fw. on L (step change ≠12:00) 6:00

Tag:

T1 section: Side together, scissor step X 2

1-2 Step L to L side, step R beside L 12:00
3&4 Step L to L side, step R beside R, cross L over R 12:00
5-6 Step R to R side, step L beside R 12:00
7&8 Step R to R side, step L beside R, cross R over L 12:00

T2 section: Side rock, run full turn, side rock, 3 x run fw.

1-2 Rock L to L side, recover on R 12:00
3&4 Run full turn L- L-R-L 12:00
5-6 Rock R to R side, recover on L 12:00
7&8 Run fw.- R-L-R 12:00

T3 section: Rock recover, run 3 x back, back rock, 3 x run fw.

1-2 Rock fw. on L, recover on R 12:00

3&4 Run back- L-R-L 12:00
5-6 Rock back on R, recover on L 12:00
7&8 Run fw. -R-L-R 12:00

T4 section: Rock recover, shuffle ½ turn, shuffle ½ turn, coaster step

1-2 Rock fw. on L, recover on R 12:00
3&4 Make ¼ turn L, stepping L to L side, step R beside L, make ¼ turn L stepping fw. on L 6:00
5&6 Make ¼ turn L stepping R to R side, step L beside R, make ¼ turn L stepping back on R
12:00
7&8 Step back on L, step R beside L, step fw. on L 12:00

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Good Luck & N'joy!
