

Give Me The Beat

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Beat In The Heat - Derek Ryan : (Album: Long Shot Love)



V-STEP, FORWARD TOUCH, FORWARD TOUCH

1-2 Step R forward in right diagonal, step L in left diagonal
3-4 Step R back returning o center, step L back beside R
5-6 Step R forward in right diagonal, touch L beside R & clap
7-8 Step L forward in left diagonal, touch R beside L & clap

ROCKING CHAIR, 1/4 TURN JAZZ BOX CROSS

9-10 Rock R forward, recover weight onto L
11-12 Rock R back, recover weight onto L
13-14 Cross R over L, step L back
15-16 Turn 1/4 to right and step R to side, cross L over R

SIDE, FLICK, SIDE, FLICK, STEPS BACK WITH HITCH

17-18 Step R to side, flick L behind R leg and (optionally) slap L foot with R hand
19-20 Step L to side, flick R behind L leg and (optionally) slap R foot with L hand
21-22 Step back with R, step back with L
23-24 Step back with R, hitch L knee

ROCK, RECOVER, SIDE, HOLD, SWIVELS

25-26 Rock L back, recover weight onto R
27-28 Step L to left side, hold

***29-30 Swivel both feet to left, back to center**

***31-32 Swivel both feet to left, back to center**

*** If you don't like to swivel just bump your hips left and right**

Start again and smile!
