# West Coast Country



拍数: 32 编数: 2 级数: Low Intermediate

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音乐: California Country - Moonshine Bandits



# Funky V Steps - Clockwise Circle Walk

1 – 2 Step Right Foot Out To Right Angle Rolling Knee Outward Step Left	Foot Out To Lett Angle
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Rolling Knee Outward

3 – 4 Step Right Foot Back Rolling Knee In Step Left Foot Back Rolling Knee In

5 – 8 Walk Around Clockwise R-L-R-L (Back to Face Front Wall)

### Right Lock Step - Lock Triple Step - Rock Step - Coaster

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9 - 10	Step Right to Right Angle – Step Left Behind Right	
11 & 12	Step Right Forward Angle – Step Left Behind Right – Step Right Forward Angle	
13 - 14	Rock Forward on Left – Recover on Right	
15 & 16	Left Coaster Step (L-R-L) Right and Left Sailor Steps – Forward Traveling Swivel Steps	
17 & 18	Step Right Behind Left – Step Left To Side (Slightly) – Step Right To Side (Slightly)	
19 & 20	Step Left Behind Right – Step Right To Side (Slightly) – Step Left To Side (Slightly)	
21 - 22	(On Balls of Feet) Step Forward on Right Twisting Both Heels Left	
(On Balls of Feet) Step Forward on Left Twisting Both Heels Right		

# (On Balls of Feet) Step Forward on Left Twisting Both Heels Right

23 - 24 (On Balls of Feet) Step Forward on Right Twisting Both Heels Left

(On Balls of Feet) Step Forward On Left Twisting Both Heel Right (Weight on Left)

### 1/4 Pivots - Walking Hip Bumps

Step Right Forward – 1/4 Pivot Left
Step Right Forward – 1/4 Pivot Left
Step Right Forward Bumping Hips R-L-R
Step Left Forward Bumping Hips L-R-L

#### **Start Again**

Restarts – The Dance restarts AFTER the 2nd and 4th Walls. Phrasing is 32-32-16 Restart 32-32-16 Restart and 32 to end of song.

The restart happens during the rhythm changes while the Bird sings "From The Valley To The Beach" and ending with "That's Where You'll Find Me".