

I Carry You Home

拍数: 32 墙数: 4 级数: Beginner
编舞者: Marianne Langagne (FR) - 9 September 2024
音乐: Carry You Home - Alex Warren



****2 Tags (12 Counts) at the end of 3rd & 7th Walls facing 9:00**

Intro : 32 Counts

Sequences : 32 – 32 – 32 – Tag – 32 – 32 – 32 – 32 – Tag – 32 – 12 - Final

[1 – 8] HEEL GRIND, ROCK BACK, ¼ TURN R- HEEL GRIND , ROCK BACK

1 – 2 Rock Fwd R Heel, Fan R toe L to R, Recover on LF
3 – 4 RF Back, Recover on LF
5 – 6 ¼ Turn R – Rock Fwd R Heel, Fan R Toe L to R, Recover on LF (3:00)
7 – 8 RF Back, Recover on LF

[9 - 16] STEP ½ TURN L, STEP ¼ TURN L, CROSS, SIDE, DIAGONALLY BEHIND, FLICK WITH SNAP

1 – 2 RF Fwd, ½ Turn L (9:00)
3 – 4 RF Fwd, ¼ Turn L (6:00)
5 – 6 Cross RF over LF, LF to the L
7 – 8 RF Diagonally behind LF, Flick LF / Snap

[17 - 24] SLOW CROSS SHUFFLE, POINT R TO RIGHT, JAZZ BOX ¼ TURN RIGHT

1 – 2 Cross LF over RF, RF to the R
3 – 4 Cross LF over RF, R Point to the R
5 – 6 Cross RF over LF, LF Back in ¼ Turn R (9:00)
7 – 8 RF to the, LF Fwd

[25 – 32] STEP ½ TURN L, V STEP, JUMP , CLAP *

1 – 2 RF Fwd, ½ Turn L (Weight on LF) (3:00)
3 – 4 RF Diagonally Fwd R, LF Diagonally Fwd L
5 – 6 RF Back to the center, LF next to RF
& 7 Jump RF Fwd, LF next to RF (Weight on LF)
8 Clap your hands once

***& 8 Clap your hands twice facing 6:00 on 2nd & 6th Walls**

TAG (12 counts facing 9:00)

1 - 12 HEEL GRIND, ROCK BACK, ROCK STEP*, SIDE ROCK, BACK, POINT L TO L, RUN (G - D) &
1 – 2 Rock Fwd R Heel, Fan R toe L to R, Recover on LF
3 – 4 RF Back, Recover on LF
5 – 6 RF Fwd* (Option Heel Grind) , Recover on LF
7 – 8 RF to the R, Recover on LF
9 – 10 RF Back, L Point to the L
11 – 12 Run L - R
& LF Fwd

Final : Dance the first 12 counts and finish with a Jazz Box in ½ Turn to the R

Dance & Have fun !!!!

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