

# Baby, I'm Helpless Baby

**COPPER** **KNOB**  
BY STEPHEN

拍数: 96      墙数: 2      级数: Phrased Improver  
编舞者: Handy Gunawan (INA) - September 2024  
音乐: Hammer to the Heart - Teddy Swims



## Note :

- Intro (8 Counts)
- Seq: AB AB TAG ABBA(32)

## PART A (64C)

### S1# FWD ROCK - BACK LOCK SHUFFLE - BACK ROCK - FWD LOCK SHUFFLE

- 1, 2      step RF fwd, recover on LF
- 3&4      step RF back, lock LF in front of RF, step RF back
- 5, 6      step LF back, recover on RF
- 7&8      step LF fwd, lock RF behind LF, step LF fwd

### S2# SIDE ROCK - CROSS SHUFFLE

- 1, 2      step RF to side, recover on LF
- 3&4      cross RF over LF, step LF to side, cross RF over LF
- 5, 6      step LF to side, recover on RF
- 7&8      cross LF over RF, step RF to side, cross LF over RF

### S3# CROSS OVER & SIDE TOUCH (R - L) - CROSS BACK & SIDE TOUCH (R - L)

- 1, 2      cross RF over LF, touch LF to side
- 3, 4      cross LF over RF, touch RF to side
- 5, 6      cross RF behind LF, touch LF to side
- 7, 8      cross LF behind RF, touch RF to side

### S4# ROCKING CHAIR - 2 X 1/4 L PADDLE TURN

- 1, 2      step RF fwd, recover on LF
- 3, 4      step RF back, recover on LF
- 5, 6      step RF fwd, 1/4 L with hip roll in transfer weight to LF
- 7, 8      step RF fwd, 1/4 L with hip roll in transfer weight to LF

### S5# VINE (R - L)

- 1, 2      step RF to side, cross LF behind RF
- 3, 4      step RF to side, close touch LF next to RF
- 5, 6      step LF to side, cross RF behind LF
- 7, 8      step LF to side, close touch RF next to LF

### S6# 2 x 1/4 R MONTEREY TURN

- 1, 2      touch RF to side, 1/4 R close RF next to LF
- 3, 4      touch LF to side, close LF next to RF
- 5, 6      touch RF to side, 1/4 R close RF next to LF
- 7, 8      touch LF to side, close LF next to RF

### S7# VINE (R - L)

- 1, 2      step RF to side, cross LF behind RF
- 3, 4      step RF to side, close touch LF next to RF
- 5, 6      step LF to side, cross RF behind LF
- 7, 8      step LF to side, close touch RF next to LF

### S8# 2 x 1/4 R MONTEREY TURN

- 1, 2 touch RF to side, 1/4 R close RF next to LF
- 3, 4 touch LF to side, close LF next to RF
- 5, 6 touch RF to side, 1/4 R close RF next to LF
- 7, 8 touch LF to side, close LF next to RF

**PART B (32C)**

**S1# FWD - CLOSE TOUCH - BACK - CLOSE TOUCH - FWD - LOCK - FWD - CLOSE TOUCH**

- 1, 2 step RF fwd, close touch LF next to RF
- 3, 4 step LF back, close touch RF next to LF
- 5, 6 step RF fwd, lock LF behind RF
- 7, 8 step RF fwd, close touch LF next to RF

**S2# CROSS BACK & SIDE TOUCH (L - R - L) - CROSS BACK - TOGETHER**

- 1, 2 cross LF behind RF, touch RF to side
- 3, 4 cross RF behind LF, touch LF to side
- 5, 6 cross LF behind RF, touch RF to side
- 7, 8 cross RF behind LF, close LF next to RF

**S3# SIDE ROCK - BEHIND SIDE CROSS - SIDE ROCK - BEHIND SIDE CROSS**

- 1, 2 step RF to side, recover on LF
- 3&4 cross RF behind LF, step LF to side, cross RF over LF
- 5, 6 step LF to side, recover on RF
- 7&8 cross LF behind RF, step RF to side, cross LF over RF

**S4# CROSS OVER & SIDE TOUCH (R - L - R - L)**

- 1, 2 cross RF over LF, touch LF to side
- 3, 4 cross LF over RF, touch RF to side
- 5, 6 cross RF over LF, touch LF to side
- 7, 8 cross LF over RF, touch RF to side

**TAG (8C)**

**T1# FWD - CLOSE TOUCH - BACK - CLOSE TOUCH - FWD - CLOSE TOUCH - BACK - CLOSE TOUCH**

- 1, 2 step RF fwd, close touch LF next to RF
- 3, 4 step LF back, close touch RF next to LF
- 5, 6 step RF fwd, close touch LF next to RF
- 7, 8 step LF back, close touch RF next to LF

**Repeat**

**Happy Dancing ...!!!**

**Best Regards,**

**Handy Gunawan**

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