

No War!

拍数: 64 墙数: 1 级数: High Improver
编舞者: Jim PAVADÉ (FR) - September 2024
音乐: Kissing Strangers - USHER



no Tag, no Restart

The weight of the body is on the left foot and the dance begins at the end of the 13 seconds.

Section 1 Light Stomp, Slide Back , Coaster Step X2

1 2 Light stomp RF beside LF, Slide LF back
3&4 RF back, LF close to RF, RF forward
5 6 Light stomp LF beside RF, Slide RF back
7&8 LF back, RF close to LF, LF forward

Section 2 Sailor Step, Sailor Step With ¼ Turn L, Head to Left, ½ Turn L, Coaster Step

1&2 Cross RF behind LF, LF to side, RF to side
3&4 Cross LF behind RF, RF to side with ¼ turn left, LF to side (09:00)
& Head to left (06:00)
5&6 RF forward, ½ turn left Cross LF over RF, RF back (12:00)
7&8 LF back, RF close to LF, LF forward

Section 3 Syncopated K Step

1 2& RF forward to R diagonal, LF close to RF, RF in place (10:30)
3 4& LF back to L diagonal, RF close to LF, LF on place
5 6& RF back to R diagonal, LF close to RF, RF in place (01:30)
7 8& LF forward to L diagonal, RF close to LF, (12:00)

Section 4 Side Step, Side Step with ½ turn , Dorothy Step X 2

1 2 RF to Side, ½ turn right LF to side (06:00)
3 4& RF forward on R diagonal, LF lock behind RF, RF forward (07:30)
5 6 LF to Side, ½ turn left RF to side (12:00)
7 8& LF forward on L diagonal, RF lock behind LF, LF forward (10:30)

Section 5 Volta Full Turn Right & Left, Sweep RF

1&2 1/8 turn to right RF forward (12:00), Cross LF behind RF, RF forward with ¼ turn R
&3 Cross LF behind RF, RF forward with ¼ turn R
&4 Cross LF behind RF, RF forward with ¼ turn R (12:00)
5&6 LF forward, Cross RF behind LF, LF forward with ¼ turn L
&7 Cross RF behind LF, LF forward with ¼ turn L
&8 Cross RF behind LF, LF forward with ¼ turn L (12:00)
& Sweep RF from back to front

Section 6 Jazz Box, Side Cross Recover (Whisk) X 2

1 2 3 4 Cross RF over LF, LF back, RF to side, Cross LF over RF
5 6& RF to side, Cross LF behind RF, RF in place
7 8& LF to side, Cross RF behind LF, LF in place

Section 7: Repeat Section 5

Section 8: Repeat Section 6

Enjoy !

