

57' Chevrolet

拍数: 32 墙数: 4 级数: Beginner
编舞者: Frank Heelan (IRE) - September 2024
音乐: 57' Chevrolet - Lisa McHugh



Sec 1 Walk right, left, rock forward recover rock back recover, walk, walk, mambo step.

1-2 Walk forward right, left.
3&4& Rock forward right recover to left, rock back right recover to left.
5-6 Walk forward right, left
7&8 Rock forward right, recover to left, step right together.

Sec 2 Walk back, walk back, coaster step, rock recover shuffle ½ turn.

1-2 Walk back left, Walk back right.
3&4 Step back left, right together, forward left.
5-6 Rock forward right recover to left.
7&8 Turn ¼ right stepping right to right, left together, turn ¼ right stepping forward right.

Sec 3 Rock recover shuffle ½ turn, side together, chasse right.

1-2 Rock forward left recover to right
3&4 Turn ¼ left stepping left to left, right together, turn ¼ left stepping forward left.
5-6 Step right to right, left together.
7&8 Step right to right, left together, right to right.

Sec 4 Cross rock, chasse ¼ turn, step ½ turn, step ½ turn (or just rocking chair)

1-2 Cross rock left over right, recover to right.
3&4 Step left to left, right together, turn ¼ left stepping forward left.
5-6 Step forward right, pivot ½ turn left.
7-8 Step forward right, pivot ½ turn left.

Tag & restart: On wall 4 facing 3.00 dance the first 12 counts , then step forward right pivot ½ turn left and restart facing 9.00.

Tag after wall 7: 1 2 hips right and left

Contact: heelanjohnl@gmail.com

Last Update - 9 Sep. 2024 - R1