

Justin's All-Purpose Cha-Cha

COPPER KNOB
BYEFOOTPRINTS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Justin Barrett (USA) - December 2017
音乐: Who Wouldn't Wanna Be Me - Keith Urban
或: Love Fool - Casey Barnes



Music : & many other cha-cha-chas.
No tags or restarts.*

[1-8] Left rock forward, recover right, cha-cha-cha. Right rock back, recover left, cha-cha-cha.

1, 2, 3&4 L forward, return weight R, L next to R, R-L in place.

5, 6, 7&8 R back, return weight L, R next to L, L-R in place.

[9-16] Step L, 1/2 pivot R with hitch, step R, cha-cha-cha. Repeat.

1, 2, 3&4 L forward, R hitch and pivot 1/2 R, R forward, L next to R, R next to L.

5, 6, 7&8 L forward, R hitch and pivot 1/2 R, R forward, L next to R, R next to L.

[17-24] Left cross rock, recover right, cha-cha-cha. Right cross rock, recover left, cha-cha-cha

1, 2, 3&4 L forward crossing R on diagonal. Return weight to R. L next to R, R-L in place.

5, 6, 7&8 R forward crossing L on diagonal. Return weight to L. R next to L, L-R in place.

[25-32] 1/4 cross rock, recover, cha-cha-cha, 1/4 turn left, 1/2 pivot left, R together, cha-cha-cha.

1, 2, 3&4 Cross L over R 1/4 R rock. Return weight R. Replace L, R-L in place.

5, 6, 7&8 R cross 1/4 turn L (9:00). Pivot 1/2 L shift weight to L. R beside L, L-R in place (3:00).

*This dance is meant to have a small footprint so it can be danced on small or crowded dance floors. It also returns "home" frequently so that it can easily go to lots of different songs without needing restarts, but feel free to add restarts if the music seems to demand them. In most places, restarts are easy because the dance keeps returning to the same place. For beginners, I recommend "Who Wouldn't Want to Be Me" without restarts (24 count intro). In Casey Barnes' "Love Fool," you could add a restart on the 10th wall after 8 counts, and do add a little emphasis to the 1st beat during the verses (16 count intro). Enjoy!

JustinLBarrett1@gmail.com