

Bachata Vita Nuova Easy

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
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音乐: Vita nuova (Bachata) - Meri Rinaldi



Intro: 32 counts. No Tags or Restarts. Right rotation.

NOTE: For Bachata styling, roll your hips on every move. Raise your foot slightly off the floor to get the flowing rhythmic swaying motion of hips. As you dance, keep your knees slightly bent, bending your knee more when you raise your foot. Feel the beat!

(1-8) FORWARD DIAGONAL. TAP. BACK. HOOK. STEP. POINT. HOLD.

1, 2 Step R diagonally forward to right side. Tap L together with clap.
3, 4 Step L diagonally back. Hook R over L.
5, 6 Take a long step on R to right side with a sway for 2 counts.
7, 8 Point L to left side. Hold. (12:00)

(9-16) SIDE. CLOSE. SIDE. TAP. x2 (BACHATA BASIC)

1, 2 Step L to left side. Close R.
3, 4 Step L to left side. Tap R to L with clap.
5, 6 Step R to right side. Close L.
7, 8 Step R to right side. Tap L to R with clap. (12:00)

(17-24) BACK DIAGONAL. TAP. x3. SIDE. SIDE.

1, 2 Step L diagonally back to left side. Tap R together.
3, 4 Step R diagonally back. Tap L together.
5, 6 Step L diagonally back to left side. Tap R together.
7, 8 Step R to right side. Step L to left side. (12:00)

(25-32) PADDLES x3 LEFT ¼ TURN. TOUCH. HOLD.

1, 2 Step R forward. Turn 1/4 left on L to 9:00.
3, 4 Step R forward. Turn 1/4 left on L to 6:00.
5, 6 Step R forward. Turn 1/4 left on L to 3:00.
7, 8 Keeping weight on L touch R to L. Hold. (3:00)

Styling: With every Paddle, sway hips & wave right arm lariat style.

Smile! Enjoy the dance!