

That Is What You Are

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Low Intermediate
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音乐: Treasure - Bruno Mars



Intro: 4 Counts. Start at approx 2 secs.

SEC 1 FORWARD, TOUCH, FORWARD, TOUCH, SHUFFLE BACK X2

1-2 Right foot diagonally forward, Touch Left next to Right
3-4 Left foot diagonally forward, Touch Right next to Left
5&6 Right foot back, Left next to Right, Right foot back
7&8 Left foot back, Right next to left, Right foot back

SEC 2 TOE, HEEL AND PRISSY WALK, TOE, HEEL AND PRISSY WALK

1-2& Right toe next to Left, Right heel next to Left, Right foot down
3-4 Prissy Walk Left over Right, Prissy Walk Right over Left
5-6& Left toe next to Right, Left heel next to Right, Left foot down
7-8 Prissy Walk Right over Left, Prissy Walk Left over Right

SEC 3 CROSS ROCK, CHASSE ¼, CROSS, SIDE, SAILOR ½

1-2 Cross Rock Right over Left, Recover onto Right
3&4 Right to Right side with ¼ turn, Left next to Right, Right to Right side (3:00)
5-6 Cross Left over Right, Right to Right side
7&8 Left behind Right with ¼ turn Left, Right to Right side, Left to Left side with ¼ Left (9:00)

SEC 4 TOE STRUT, TOE STRUT, JAZZBOX

1-2 Right toes down, Right foot forward
3-4 Left toes down, Left foot forward
5-6 Right cross over Left, Left foot back
7-8 Right to Right side, Step Left next to Right (Weight on L

***Restart Here on Wall 5**

SEC 5 SIDE, TOGETHER, SHUFFLE, HIP BUMPS

1-2 Right to Right side, Left next to Right
3&4 Right foot forward, Left next to Right, Right foot forward
5-6 Bump Hip Left, Bump Hip Right
7-8 Bump Hip Left, Bump Hip Right

SEC 6 SIDE, TOGETHER, SHUFFLE BACK, HIP BUMPS X4

1-2 Left to Left side, Right next to Left
3&4 Left foot back, Right next to left, Right foot back
5-6 Bump Hip Right, Bump Hip Left
7-8 Bump Hip Right, Bump Hip Left

Restart Here on Walls 2 and 4

SEC 7 CROSS ROCK, SHUFFLE ¼, STEP, ½, WALK X2

1-2 Cross Rock Right Over Left, Recover onto Left
3&4 ¼ Right Right foot forward, Left next to Right, Right foot forward (12:00)
5-6 Step forward on Left foot, ½ turn Right (6:00)
7-8 Walk forward Left, Walk forward Right

SEC 8 MAMBO, BACK, BACK, COASTER, SYNCOPATED V-STEP

1&2 Left foot forward, Right foot back, Left foot back

3-4 Walk back Right, Walk back Left
5&6 Right foot back, Left foot back, Right foot forward
&7&8 Left foot out, Right foot out, Left foot in, Right foot in (Weight on L
