Little Voices in Your Head



拍数: 64 墙数: 4 级数: Beginner

编舞者: Betty Hartman (USA) - September 2024

音乐: Gloria - Laura Branigan



Intro: 32 counts after the beat starts, start on the lyric "Gloria"

[1-8] Jump fwd R/L, double hip bumps R/L, single hip bumps R/L

&1-2 Jump fwd R and L, Hold 3-6 Hip bumps RR/LL

7-8 Hip bump R/L

[9-16] Cross rock, side shuffle R/L

1-2 Cross rock R over L, recover L

3&4 Side shuffle R L R

5-6 Cross rock L over R, recover R

7&8 Side shuffle L R L

[17-24] Step/tap fwd x4

1-2 Step fwd R, tap L next to R
3-4 Step fwd L, tap R next to L
5-6 Step fwd R, tap L next to R

7-8 Step fwd L, tap R next to L (Restart wall 2)

[25-32] Lindy R, Lindy L 1/4 turn R

1&2 Step R to right, step L next to R, step R to right

3-4 Rock L behind R, recover to R

5&6 Step L to L, 1/8 turn right stepping R next to L, 1/8 turn right stepping L back

7-8 Rock R back, recover to L (3:00)

[33-40] Grapevine R/L

1-4 Step R to R side, step L behind right, step R to right side, touch L next to R

5-8 Step L to L side, step R behind, step L to side, touch R next to L

[41-48] 1/8 turn heel strut to R x4

Touch R heel fwd, drop R toe while turning 1/8 right
Touch L heel fwd, drop L toe while turning 1/8 right
Touch R heel fwd, drop R toe while turning 1/8 right
Touch L heel fwd, drop L toe while turning 1/8 right (9:00)

[49-56] Rock/recover, Shuffle back, Rock/recover, Shuffle forward

1-2 Rock R fwd, recover L

3&4 Step R back, step L next to R, step R back

5-6 Rock L back, recover R

7&8 Step L fwd, step R next to L, step L fwd (restart wall 7)

[57-64] Nightclub basic R/L

1-4 Step R to right side, hold, rock L behind R, recover R
5-8 Step L to left side, hold, rock R behind L, recover L

Start Over

Restart 1 on wall 2 after 24 counts (9:00)

Restart 2 on wall 7 after 56 counts. (6:00)

Ending: Wall 10; make the heel strut turn (counts 41-48) into a ¾ turn R, to 12:00

Thanks to "my" Gloria, for asking for a dance to this song that had a jump to start it.

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