

# Listen To My Heart EZPZ

**COPPER** KNOB  
STEPSHETS

拍数: 32      墙数: 4      级数: Easy Beginner  
编舞者: Liz Atkinson (USA) - September 2024  
音乐: Listen - Eloise Viola



Intended for use as an easier split-floor dance to accompany Maggie Gallagher & Gary O'Reilly's wonderful Intermediate dance, 'Listen to My Heart'.

#4 count intro. Begin with lyrics "hold"  
NO Tags or Restarts

## S1: CHARLESTON, MODIFIED CHARLESTON

1, 2, 3, 4      Step RF fwd, kick LF fwd, step LF back, touch RF back  
5, 6, 7&8      Step RF fwd, kick LF fwd, "Cha-cha-cha" in place LF-RF-LF

## S2: VINE R, VINE L 1/4L TRIPLE

1, 2, 3, 4      Step RF to R side, step LF behind RF, step RF to R side, touch LF beside RF  
5, 6, 7&8      Step LF to L side, step RF behind LF, 1/4L (9:00) triple fwd LF-RF-LF

## S3: ROCKING CHAIR X2 (OPTIONAL PIVOTS)

1, 2, 3, 4      Rock fwd onto RF, recover LF, rock back onto RF, recover LF  
5, 6, 7, 8      Rock fwd onto RF, recover LF, rock back onto RF, recover LF

\*optional: 1/2L pivot twice in place of second rocking chair

## S4: STEP, TOUCH, STEP, TOUCH, BUMP X4

1, 2,      Step RF to R/Fwd diagonal, touch LF beside RF  
3, 4      Step LF to L/Back diagonal, touch RF beside LF  
5, 6, 7, 8      Bump hips R-L-R-L

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