From Sarah With Love

级数: Intermediate

编舞者: Siske Natali (INA) - September 2024

音乐: From Sarah With Love - Sarah Connor

Intro: 12 Counts

拍数: 32

SECT 1 : SIDE - CROSS - TURN ¼ RIGHT - SAILOR STEP ¼ TURN RIGHT WITH LIFT L - SIDE - CROSS – SIDE WITH LIFT R – SIDE – CROSS

- 1 2 & Step R to side, Cross L behind R, Turn 1/4 right step R forward
- 3 4 & Turn ¼ right step L to side with sweep R from front to back ,Cross R behind L, Step L to side
- Step R to side with lift L diagonal ,Step L to side, Cross R over L 5-6&
- 7 8 & Step L to side with lift R diagonal, Step R to side, Cross L over R

SECT 2 : SPIRAL 3/4 TURN LEFT – FORWARD R L – BACK SHUFFLE WITH SWEEP 1/8 TURN LEFT – BACK SHUFFLE WITH SWEEP - CROSS - SIDE

- Step R forward and make Turn 3/4 to left, Step L Forward, Step R Forward (10.30) 1-2&
- 3 4 & Step L Forward, Step R back, Step L together
- 5 6 &Step R back Turn 1/8 left with sweep L From Front to back, Step L back, Step R together (9.00)
- 7 8 & Step L back with sweep R From Front to back, Cross R behind L, Step L to side

SECT 3 : CROSS ROCK - WEAVE - TURN ¼ RIGHT - PIVOT ½ RIGHT - FORWARD - SPIRAL TURN LEFT – FORWARD L – R

- 1-2& Cross rock R over L, Recover on L, Step R to side
- 3 & 4 & Cross L over R, Step R to side, Cross L behind R, Turn 1/4 right step R forward
- 5-6& Step L Forward, Turn 1/2 right weigh on R, Step L Forward
- 7 8 & Make a full turn left (weigh on R), Step L forward, Step R forward

SECT 4 : FORWARD ROCK - BESIDE - SERPIENTAY - SIDE - CROSS - BACK - SIDE - CROSS

- 1 2 & Rock L forward, Recover on R, Step L beside R
- 3 4 & Step R forward with sweep L front back to front, Cross L over R, Step R to side
- 5-6& Step L back with sweep R from front to back, Cross R behind L, Step L to side
- 7& 8& Cross R over L, Step L back, Step R to side, Cross L over R

Restart : On wall 2 after 10 Counts ,4 after 8 Counts ,6 after 12 Counts

Step Change on wall 2 after 10 Counts (step change on count &)

& -Touch R beside L with knee

Enjoy The Dance Email : siskeidrus@gmail.com Pekanbaru Line Dance Community (PLDC)

Last Update: 14 Sep 2024





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