

Hillbilly Dirty Dancing AB

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 4 级数: Absolute Beginner / Beginner
编舞者: Sher McIntosh (CAN) - September 2024
音乐: Hillbilly Dirty Dance - Tommy Townsend



Section 1: Simultaneous slap thigh while doing R heel pumps 4 X, two Sugar Foot

- 1 – 4 Tap R heel up and down 4 times, slap thigh with R hand at same time
5 – 8 Tap R toe at Centre, Tap R heel at centre, repeat all twice from beginning (or may use R heel 4X if unable to do toe, heel)

Section 2: R Basic ending with 2 L heel taps, L basic with 1/4 turn left ending with 2 R heel taps

- 1 – 3, &4 Step R to R, L together, R to R, double tap L heel at R instep
5 – 7 &8 Step L to L, R together, L turn 1/4 L, double tap R heel at L instep

Section 3: Step fwd R with weight, transfer weight to L, rock back and forth between R and L raising only your heel off the ground (total 4 rocks), 1/4 L paddle turn, 1/4 L paddle turn

- 1 – 4 Step forward R foot with weight, lean weight back on L, weight fwd R, back L. Raise only your heels off the ground while rocking back and forth (optional: arm motions, also back and forth)
5 – 8 Step R forward, 1/4 turn L stepping on L foot, step R fwd, 1/4 turn L on L foot.

Section 4: Step R, Tap L heel forward, Step L, Tap R heel forward. Return R centre and Dip with both knees bent, Tap L heel forward, return L to centre and Dip with both knees bent, Tap R heel forward

- 1 – 4 Step R, tap L heel forward, Step L, tap R heel forward
5 – 8 Return R foot and dip and bend both knees at same time, tap L heel forward, Return L foot and dip and bend both knees at the same time, tap R heel forward.

Begin Again!

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