

# AB After Hours

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Sue Korek (USA) - September 2024  
音乐: After Hours - Kehlani



## Alternate Music:

Kiss on My List (Daryl Hall & John Oates—1980) bpm=124, Intro: 32 counts

No tags or restarts

Introduction: 32 counts

Begin with weight on left (L) foot

## SECTION 1 (V-STEP, HIP BUMPS 2R, 2L)

1-2            Step R diagonally right, step L diagonally left  
3-4            Step R right back, step L back  
5-6            Bump R hip twice to right  
7-8            Bump L hip twice to left

## SECTION 2 (V-STEP, ROCKING CHAIR)

1-2            Step R diagonally right, step L diagonally left  
3-4            Step R right back, step L back  
5-6            Rock R forward, recover on L  
7-8            Rock R backward, recover on L

## SECTION 3 (MONTANA/CHARLESTON, PIVOT ¼ TURN LEFT)

1-2            Step R forward, kick L forward  
3-4            Recover L, touch R back  
5-6            Step R forward, pivot L ¼ turn left  
7-8            Step R beside L, step L beside R

## SECTION 4 (WALK FORWARD, BACKWARD, WITH TOUCHES)

1-2            Walk R forward, walk L forward  
3-4            Walk R forward, touch L beside R  
5-6            Walk L backward, walk R backward  
7-8            Walk L backward, touch R beside L

**This dance provides another good mix of AB steps!**

Please consider creating a Teach or Demo video.

Contact: [suekorek@gmail.com](mailto:suekorek@gmail.com)

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