

Days Like This

拍数: 36 墙数: 4 级数: Beginner
编舞者: Laura Rittenhouse (AUS) - September 2024
音乐: Days Like This - Van Morrison



Start after 16 counts

S1: ROLLING VINE R & L

(It's also possible to simply vine both directions if the rolling vine doesn't work for you)

1,2,3,4 Turning $\frac{1}{4}$ R step R to R (3:00), Turning $\frac{1}{4}$ R step L fwd (6:00), Turning $\frac{1}{2}$ R step R to R,
Touch L beside R

5,6,7,8 Turning $\frac{1}{4}$ L step L to L (9:00), Turning $\frac{1}{4}$ L step R fwd (6:00), Turning $\frac{1}{2}$ L step L to L
(12:00), Touch R beside L

S2: RUMBA SHUFFLE

1,2,3&4 Step R to R, Step L beside R, Shuffle fwd on R (R,L,R)

5,6,7&8 Step L to L, Step R beside L, Shuffle back on R (R,L,R)

S3: DOUBLE TIME CROSS ROCK MOVING FORWARD X 2; CROSS POINT BACK X 2

1&2, 3&4 Cross rock R over L (10:30), Recover on L, Cross rock R over L, Swivel to R with cross rock
L over R (1:30), Recover on R, Cross rock L over R

5,6,7,8 Step R back, Point L to L, Step L back, Point R to R

S4: TURN $\frac{1}{2}$ L ROCKING AROUND; TURN $\frac{1}{4}$ R WITH JAZZ BOX

1&2,3&4 Turning $\frac{1}{4}$ L cross rock R over L (9:00), Recover on L, Rock R fwd; Turning $\frac{1}{4}$ L rock L fwd
(6:00), Recover on R, Rock L fwd

5,6,7,8 Cross R over L, Step L back, Turn $\frac{1}{4}$ R Stepping R (9:00), Step L beside R

S5 (4 counts): ROCKING CHAIR

1,2,3,4 Rock R fwd, Recover on L, Rock R back, Recover on L