

拍数:	64	墙数:	2	级数: High Improver
编舞者:	France Bastien	(CAN)	&	Serge Légaré (CAN) - September 2024
音乐:	Liar - Jelly Roll			



No tag, No res	tart				
[1-8] Step Fwd, Sweep, Cross Shuffle, ¼ Turn Back, Together, Shuffle Fwd					
1-2	LF in front – RF Sweep back to front (12h)				
3&4	RF cross in front – LF to left – RF cross in front				
5-6	¼ turn to right LF behind – RF next to the LF (3h)				
7&8	Shuffle Fwd L. R. L				
[9-16] Step Fv	vd, Sweep, Cross, Back, Shuffle ½ Turn L, Step Fwd, ½ Turn L				
1-2	RF in front – LF Sweep back to front				
3-4	LF cross in front – RF behind				
5&6	1/4 turn to left LF to left – RF next to the LF – 1/4 turn to left LF in front (9h)				
7-8	RF in front – $\frac{1}{2}$ turn to left weight on LF (3h)				
[17-24] Side, B	Behind, Step ¼ Turn R, Step Fwd, ½ Turn R, Side ¼ Turn R, Behind, Step ¼ Turn L				
1-2	RF to right – LF cross behind				
3-4	¹ / ₄ turn to right RF in front – LF in front (6h)				
5-6	$\frac{1}{2}$ turn to right weight on RF – $\frac{1}{4}$ turn to right LF to left (3h)				
7-8	RF cross behind – ¼ turn to left LF in front (12h)				
[25-32] Sten Fu	wd, Hook ½ Turn L, Shuffle Fwd, Rock Step, Recover, Coaster Step				
1-2	RF in front $-\frac{1}{2}$ turn to left L leg crossed in front of R leg (Hook) (6h)				
3&4	Shuffle Fwd L. R. L				
5-6	RF in front – return on LF				
7&8	RF behind – LF next to the RF – RF in front				
[33-40] Step Fv	Fwd, Sailor Step ¼ Turn R, Cross, Shuffle Side, Rock Back, Recover LF in front				
2&3					
	¼ turn to right RF cross behind – LF to left – RF to right (9h) LF cross in front				
4 5°6	Shuffle side R. L. R				
5&6	LF cross behind – return on RF				
7-8	LF Cross benind – return on RF				
[41-48] Side, Touch, Kick Ball Cross (diag R), Side, Touch, Kick Ball Cross (diag L),					
1-2	LF to left – touch RF next to the LF				
3&4	Kick RF in front (diagonal R) – RF next to the LF – LF cross in front				
5-6	RF to right – touch LF next to the RF				
7&8	Kick LF in front (diagonal L) – LF next to the RF – RF cross in front				
[49-56] Rock S	step, Recover, Shuffle ½ Turn L, Step Fwd, ½ Turn L, Shuffle ½ Turn L				
1-2	LF in front – return on RF (9h)				
3&4	Shuffle ½ turn to left L. R. L. (3h)				
5-6	RF in front – ½ turn to left weight on LF (9h)				
7&8	Shuffle ½ turn to left R. L. R (3h)				
[57-64] Back. [Drag, Together, (Step Fwd) x 2, ¼ Turn Side, Recover, Behind, Side				
1_2	I E back - slide right beel				

1-2 LF back - slide right heel

&3-4 RF next to the LF – LF in front – RF in front

5-6 ¹/₄ turn to right LF to left – return on RF (6h)

7-8 LF cross behind – RF to right

Start from the beginning

Last Update: 8 Feb 2025