

Academy Street

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Marianne Langagne (FR) - 29 August 2024
音乐: Academy Street - Mark Ambor



*****3 Restarts : 2nd (6:00) , 4th (12:00) , 6th (6:00) Walls**

Intro: 16 Counts

Sequences : 32 – 16 R – 32 – 16 R – 32 – 16 R – 32 – 32 – 32 – 28 - FINAL

[1 – 8] DIAGONALLY STEP LOCK, TRIPLE STEP, ½ TURN L- WALK L – R, TRIPLE STEP

1 – 2 RF Diagonally Fwd R (1:30), Cross LF behind RF
3 & 4 RF Fwd, Together, RF Fwd (weight on RF)
5 – 6 ½ Turn L – Walk L - R (7:30)
7 & 8 LF Fwd, Together, LF Fwd

[9 – 16] JAZZ BOX 1/8 TURN R, R POINT TO R, HOLD & L POINT TO L, HOLD &

1 – 2 – 3 – 4 Cross RF over LF, LF Back in 1/8 Turn R (9:00) , RF to the R, LF Fwd (weight on LF)
5 – 6 R Point to the R, Hold
& Together
7 – 8 L Point to the L, Hold
& Together

Here Restarts (2ème, 4ième et 6ième Walls)

[17 – 24] ROCK STEP, TRIPLE ½ TURN R, ROCK STEP, TRIPLE ½ TURN L

1 – 2 RF Fwd, Recover on LF
3 & 4 ¼ Turn R – RF to the R, Together, ¼ Turn R – RF Fwd (3 :00)
5 – 6 LF Fwd, Recover on RF
7 & 8 ¼ Turn L – LF to the L, Together, ¼ Turn L – LF Fwd (9 :00)

[25 – 32] R BALL, HEELS TWIST , BEHIND SIDE CROSS, L BALL, HEELS TWIST, BEHIND SIDE CROSS

1 Ball R Fwd
& 2 Twist Heels to R, Twist Heels to L (weight on LF)
3 & 4 Cross RF behind LF, LF to the L, Cross RF over LF
5 Ball L Fwd
& 6 Twist Heels to L, Twist Heels to R (weight on RF)
7 & 8 Cross LF behind RF, RF to the R, Cross LF over RF

FINAL Dance until count 28 and continue like this :

ROCK STEP, TRIPLE ½ TURN R, STEP , TOUCH BEHIND

1 – 2 RF Fwd, Recover on LF
3 & 4 ¼ Turn R – RF to the R, Together, ¼ Turn R – RF Fwd
5 – 6 LF Fwd, Touch RF behind LF

Dance & Have fun !!!!

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