Chammak Challo 2024

编舞者: Molly Yeoh (MY) - August 2024 音乐: Chammak Challo

Intro: 16c Intro dance(40c) Main Dance: A(32), B(32), C(16), D64x2) Sequence: Ax2, A16, B, C, Ax2, A16, B, Cx2, D, Ax2, B, Cx2

* Solo dance(64cx2) optional (自选) ♡

拍数: 0

Intro Dance:40c

SECTION 1&2 TAP R TOE TO R RECOVER, TAP L TOE TO L RECOVER

墙数:1

1 to 8 Weight on R heel, tap R toe to R (1) side recover to front (2), repeat 1 to 8 Weight on L heel, tap L toe to L (1) side recover to frond (2), repeat

SECTION 3&4 (SHIMMY STEP TO R, HOLD, L STEP IN) VICE VERSA

- to 8 RF to R, LF step behind RF, RF to R, LF touch beside RF 1
 - to 8 LF step L, RF step behind LF, LF to L, RF touch beside LF

SECTION 5 WEIGHT ON L, HIP BUMP, ON RIGHT, HIP BUMP

- Weight on L, Hip bump 4x to diagonal R 1234
- 5678 Weight on R, hip bump 4x to diagonal L

MAIN DANCE

PART A 32C

1

SECTION 1 RIGHT STEP, LEFT STEP, WEIGHT ON L, HIP BUMP

- RF step to R, LF step in, LF step to L, RF step in 1234
- 5678 Weight on L, hip bump 4c (with hands rolling in, see video)

SECTION 2 RF TOUCH POINT 2X, LF TOUCH POINT 2X

- RF point to R, touch in, repeat 1234
- 5678 LF point to L, touch in, repeat

SECTION 3 LF STEP TOGETHER 2X, RF STEP TOGETHER 2X

- 1234 LF step L, RF step in, 2x
- 5678 RF step R, LF step in, 2x

SECTION 4 RF STEP BACK, HIP BUMP

- 1234 RF step behind LF, weight on RL (with hands move overhead to front, see video)
- 5678 Hip bump 4c (with palms movement, see video)

PART B 32C

Sec 1 to 8 R DIAGONAL HANDS ROLL IN, L DIAGONAL HANDS ROLL IN

- 1 to 4 Face diagonal R, roll both hands in
- 5 to 8 Face diagonal L, roll both hands in

PART C 16C

Sec 1 (FWD TOUCH BACK TOUCH) X2, FULL PADDLE

- 1 to 8 RF fwd step, tap LF in, LF step back, RF step beside LF, (repeat 4x)
- 1 to 8 (RF step fwd ¼ L turn recover LF) repeat 4x





级数:

SEC 1&2 RF DIAGONAL BACK, HIP BUMP (HANDS MOVEMENT SEE VIDEO)

to 16 RF step diagonal R back , hip bump (Raise arch R hand above head, L elbow in front)

SEC 3&4 LF DIAGONAL BACK, HIP BUMP

1

1 to 16 LF step diagonal back to L, hip bump

SEC 5&6 RF STEP BEND OR SIT DIAGONAL R, SHIMMY

1 to 16 RF step diagonal R back and sit, shimmy shoulder

SEC 7&8 LF STEP DIAGONAL L FWD, SHIMMY

1 to 16 LF diagonal lunge fwd L, shimmy shoulder

SOLO PART (OPTIONAL) FOR PERFORMANCE ONLY (PLEASE SEE TUTORIAL VIDEO, TQVM)

Thank you, I hope you enjoy this hit Indian dance! I choreographed specially for my own Birthday party 18 08 2024. Tutorial demo videos and stepsheet are prepared upon request. TQVM

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