

Heartache 가슴앓이

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Russibell Seoh (KOR) - August 2024
音乐: Heartache (가슴앓이) - Youngsun Ji (지영선)



Intro : 20 Counts

No Tag !

Restart : At Wall 2(9:00) , Wall 6 (9:00) & Wall 8 (3:00) , Dance To 16 Counts.

Wall 3 and Wall 7 is Facing 6 O'Clock .

Wall 9 Is Facing 12:00

Sec1 : 1/8 R Turn R Sailor , L Fwd , R Fwd Kick For Two Counts , Together , Point L To L Side , Step L Fwd Sweeping R From Back To Front , Step R Fwd Making 1/2 R Turn Sweep L From Back To Front , Fwd Walk L R

1&2& 1 /8 R Turn R Behind , L Side , R Fwd (1:30), L Fwd

3&4 R Kick Fwd For Two Counts , Close R Next To L ,

56 Point L To L Side , Step L Fwd Sweeping R From Back To Front

Option ; At 5 Count , Lower Your Upper Body Fwd

7 Step R Fwd Making 1/2 R Turn Sweep L From Back To Front (7:30)

8& Fwd Walk L R

Sec2 : Syncopated Rocking Chair , L Fwd, Full Turn To L , Syncopated Rocking Chair , Cross R Over L , 1/8 R Turn L Side , Touch R To R Diagonal Fwd

1&2& Rock L Fwd, Recover On R , Rock L Back , Recover On R

3&4 Step L Fwd , 1/2 L Turn Step R Back , 1/2 L Turn Step L Fwd

5&6& Rock R Fwd, Recover On L , Rock R Back , Recover On L

7&8 Cross R Over L , 1/8 R Turn L Side , Touch R To R Diagonal Fwd (9:00)

Sec3 : Upper Body Wave From R To L Over Two Counts , Chest Pop Twice , Together , 1/2 L Turn Fallaway Diamond , Hitch L

12 Upper Body Wave From R To L Over Two Counts

3&4 Chest Pop Twice , Close R Next To L

5&6 Cross L Over R , 1/8 L Turn Step R Side , 1/8 L Turn Step L Back (6:00)

7&8& Step R Back , 1/8 L Turn Step L Side , 1/8 L Turn Step R Fwd(3:00), Hitch L

Sec4 : L Side , Back R Rock , Recover On L , R Side , Cross L Behind R , R Side , Cross L Rock , Recove On R , 1/4 L Turn Step Step L Fwd , 1/4 L Turn R Side , Touch L Next To R , L Side , Touch R Next To L

12& L Side , Back R Rock , Recover On L

3&4 R Side , Cross L Behind R , R Side

5&6 Cross L Rock , Recove On R , 1/4 L Turn Step Step L Fwd(12:00)

7&8& 1/4 L Turn R Side (9:00) , Touch L Next To R , L Side , Touch R Next To L

Happy Dancing !