

Alcohol Abuse

拍数: 64 墙数: 1 级数: Improver +
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音乐: Alcohol Abuse - Case Hardin



Intro : 32 count - Weight on L :

[1-8] Heel, Hook, Heel, Hook - Heel , Flick, Stomp R, Stomp L

1-4 Rf heel forward, Hook Rf in front of Lf, Rf heel forward, Hook Rf foot in front of Lf
5-8 Rf heel forward, Flick Rf behind, Stomp Rf on place, Stomp Lf on place

[9-16] Vine, Cross - Scissor Step, Hold

9-12 Step Rf to the R, Cross Lf behind Rf, Step Rf to the R, Cross Lf over Rf
13-16 Step Rf to the R, Close Lf beside Rf, Cross Rf over Lf, Hold

[17-24] Vine 1/4 Turn, Scuff - Rocking Chair

17-20 Step Lf to the L, Cross Rf behind Lf, 1/4 turn L Lf forward, Scuff Rf forward
21-24 Rf rock step forward, Recover on Lf – Rf rock step back, Recover on Lf

[25-32] Strut, Strut - Monterey 1/2 Turn

25-28 Touch Rf forward, Drop Rf heel, Touch Lf forward, Drop Lf heel
29-32 Rf point to the R, Rf together with 1/2 turn R, Lf point to the L, Lf touch beside Rf

[33-64] Idem 1-32, weight on R !

[33-40] Heel, Hook, Heel, Hook – Heel, Flick, Stomp L, Stomp R

33-36 Lf heel forward, Hook Lf in front of Rf, Lf heel forward, Hook Lf foot in front of Rf
37-40 Lf heel forward, Flick Lf behind, Stomp Lf on place, Stomp Rf on place

[41-48] Vine, Cross - Scissor Step, Hold

41-44 Step Lf to the L, Cross Rf behind Lf, Step Lf to the L, Cross Rf over Lf
45-48 Step Lf to the L, Close Rf beside Lf, Cross Lf over Rf, Hold

[49-56] Vine 1/4 Turn, Scuff - Rocking Chair

49-52 Step Rf to the R, Cross Lf behind Rf, 1/4 turn R Rf forward, Scuff Lf forward
53-56 Lf rock step forward, Recover on Rf – Lf rock step back, Recover on Rf

[57-64] Strut, Strut - Monterey 1/2 Turn

57-60 Touch Lf forward, Lf drop heel, Touch Rf forward, Rf drop heel
61-64 Lf point to the L, Lf together with 1/2 turn L, Rf point to the R, Rf touch beside Lf