

# BUM BUM BARRA BUM (Feel the Beat)

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Absolute Beginner  
编舞者: Helaine Norman (USA) - August 2024  
音乐: Put It on Me - Brianna Leah



**INTRO: 16 - No tags or restarts**

**Note: This dance is meant to get absolute beginners to use more than their feet to dance!**

## **I. BUNNY HOP FORWARD, CLAP; HIP OR SHOULDER BUMPS**

&1-2                      Hop R forward (&), step L together (1), clap (2)  
3-4                      Bump either R hip or R shoulder to R side  
5-6                      Bump either L hip or L shoulder to L side  
7-8                      Bump either hips or shoulders R L

**Optional for 3-4 & 5-6: Double bumps can be substituted for slow side bumps**

## **II. BUNNY HOP BACK, CLAP; HIP OR SHOULDER BUMPS**

&1-2                      Hop R back (&), step L together (1), clap (2)  
3-4                      Bump either R hip or R shoulder to R side  
5-6                      Bump either L hip or L shoulder to L side  
7-8                      Bump either hips or shoulders R L

**Optional for 3-4 & 5-6: Double bumps can be substituted for slow side bumps**

## **III. ROCKING CHAIR X2**

1-4                      Rock R forward, recover to L, rock R back, recover to L  
5-8                      Rock R forward, recover to L, rock R back, recover R

## **IV. ¼ L-TURN K-STEP**

1-2                      Step R forward diagonally, touch L together  
3-4                      Return L back to center, touch R together  
5-6                      Step R back diagonally, touch L together  
7-8                      Step L making ¼ turn left, touch R together

**REPEAT**

**END: Wall 8 ends at 12:00 with two extra counts. Pose your personal way.**

Helaine43@gmail.com