Whisper



拍数: 64 墙数: 2 级数: Advanced 编舞者: Raymond Sarlemijn (NL) & Roy Hadisubroto (IRE) - February 2024 音乐: Whisper - Able Heart Intro: Start on the word Better



[1 – 8] Weave, Knee Pop, Turning Box Step				
1 & 2 &	Cross R behind L (1), Step L to L side (&), Cross R over L (2), Step L to L side (&) 12:00			
3 & 4	Cross R behind L (3), Pop both knees forward (&), Bring knee back to center weight ended on L (4) 12:00			
5 - 6	Step R to R side (5) 1/4 Turn R Step L to L side (6) 6:00			
7 - 8	1/4 Turn R Step R to R side (7), 1/4 Turn R Step L forward (8) 9:00			
[9 – 16] Step, Swivel, Together, Step, Swivel, Ball, Step, ¼ Turning Pony Step				
1 & 2 &	Step R forward (1), Swivel both heels R (&), Bring both feet back to center (2), Close R next to L (&) 9:00			
3 & 4 &	Step L forward (3), Swivel both heels L (&), Bring both feet back to center (4), Close L next to			

R (&) 9:00 1/8 Turn L and Step R forward (5), 1/8 Turn L and Cross L behind R, Hitch R knee (6), Step 5 - 6 &R forward (&) 6:00

7 & 8 Cross L behind R, Hitch R knee (7), Step R forward (&), Cross L behind R, Hitch R knee (8) 6:00

[17 – 24] Ball, Slide, Together, Kick Ball Step, Hand Moves, Weight on L

&1 - 2	Press R slightly forward (&), ¼ Turn L Slide L to L side (1), ¼ Turn L Step R next to L (2)
	12:00

3 & 4 Kick R forward (3), Close R next to L (&) Step L forward (4), 12:00

5 & 6 & Bring R hand up next to head, handpalm facing forward (5), Keep R hand next to head, close R hand palm (&), Keep R hand next to head, fingers pushing forward handpalm facing down while head is pushing back(6), Keep R hand next to head, close R hand palm 12:00

7 & 8 & Bring R hand up next to head, handpalm facing forward (7), Keep R hand next to head, close R hand palm (&), Keep R hand next to head, fingers pushing forward handpalm facing down while head is pushing back(8), Keep R hand next to head, close R hand palm weight ended on L(&) 12:00

[25 – 32] Out, Out Backwards Shuffle Diagonally Back, Out, Out, Step, ¼ Turn L Touch

1 - 2	Step R diagonally out backwards (1), Step L out to L side (2) 12:00
3 & 4	Step R diagonally back (3), Step L next to R (&), Step R diagonally back (4) 12:00
5 - 6	Step L diagonally out backwards (5), Step R out to R side (6) 12:00
7 - 8	Step L forward (7) 1/4 Turn L Touch R next to L (8) 9:00

[33 – 40] Run Forward, Together, Chest Pop, Hitch, Step Diagonally Back, Hitch, Step Diagonally Back, ¼ Turn R Chasse

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1 & 2	Step R forward, Bring R underarm up vertical in front of body, L arm horizontal in front of body hand palm facing down (1), Step L forward Bring L underarm up vertical in front of body,
	R arm horizontal in front of body hand palm facing down (&), Step R forward, Bring R underarm up vertical in front of body, L arm horizontal hand palm facing down (2) 9:00
3 & 4	Step L next to R bring both hands in front of chest (3), Pop Chest forward and bring both arms away from chest (&), Bring Chest back to center while bringing both hands in front of chest(4) 9:00
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& 5 & 6 Hitch R knee (&), Step R diagonally back (5), Hitch L knee (&), Step L diagonally back (6)

7 & 8 1/4 Turn R Step R to R side (7), Step L next to R (&), Step R to R side (8) 12:00

.41 – 48] Cros:	s Rock, Side Rock, Sallor Step, Cross Rock, Side Rock, ¼ Turn R Coaster Step	
1 & 2 &	Cross Rock L over R on L heel (1), Recover on R (&), Side Rock L on L heel (2), Recover on R (&) 12:00	
3 & 4	Cross L behind R (3), Step R slightly to R (&), Step L to L side (4) 12:00	
5 & 6 &	Cross Rock R over L on R heel (5), Recover on L (&), Side Rock R on R heel (6), Recover or L (&) 12:00	
7 & 8	1/4 Turn R Step R backwards (7), Step L next to R (&), Step L forward (8) 3:00	
[49 – 56] Rock	Recover, ½ Turn L, Hop, Scuff, ½ Turn L, Hop, Scuff, ¼ Turn L, Hop, Touch, Side, Together	
1 & 2	Rock R forward (1), Push chest forward (&), Recover on L and bring chest back to center (2) 3:00	
3 & 4 &	½ Turn L and Step L forward (3), Flick R back (&), Scuff R forward (4) ½ Turn L and Hop R back while flicking L back (&) 3:00	
5 & 6 &	½ Turn L and Scuff L forward (5), Hop L forward while flicking R back (&) Scuff R forward (6) ¼ Turn L and Hop R to R side (&) 6:00	
7 & 8	Touch L next to R (7), Step L to L side (&) Step R next to L (8) 6:00	
57 – 641 Bounce 4x, Walk in a Full Circle Clockwise, Side		
	CEAX VVAIR II A CIII CIII CIII CIII CRWISE MILE	

Bounce 4 times with weight ended on L 6:00 5 - 7 Walk R, L, R, Clockwise in a full circle 6:00

Step L to L side 6:00

START AGAIN AND HAVE FUN