

Worth It

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Sandy Carty Hodges (USA) - August 2024
音乐: Worth It. - RAYE



No tags/ No restarts

Intro: 29 sec.or after she says " I JUST WANNA KNOW HOW IT FEELS."

(Dedicated to Ky-Ky)

SECTION ONE: WALK, WALK, SHUFFLE STEP, ROCK,RECOVER, COASTER LEFT.

1,2 3&4 Walk for R,L, shuffle RLR,
5,6,7&8 Rock forward on Left foot, recover back one Right, step back on left, step right back next to left, step forward on left. (12:00)

SECTION TWO: STEP FORWARD RIGHT, 1/4 TURN LEFT, CROSS SHUFFLE, 1/4 TURN LEFT , PRISSY WALK, POINT RIGHT TO RIGHT(put arms up)

1,2 3&4 Step forward on R, 1/4 turn L, cross shuffle right over left, RLR (9:00)
5-8 1/4 turn left, prissy walk forward L,R,L, point right toe to R. (Raise arms) 6:00)

SECTION THREE: SAMBA RIGHT, SAMBA LEFT, ROCKING CHAIR

1&2,3&4 Cross right over L, step left to L, step right to R, cross left over R, step right to R, step left to L.
5-8 Rock forward on right, recover on left, rock back on right, recover left. (6:00)

SECTION FOUR: CROSS,STEP, RIGHT HEEL OUT AND BACK, CROSS LEFT OVER RIGHT, 3/4 RIGHT UNWIND.

1-4 Step right over left, step left to left, step right heel forward and step right next to left,
5-8 step left over right, unwind 3/4 turn to the right. (3:00)

End of dance, start again and get into it!!

(sandyutah82@gmail.com)