

On My Own

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Intermediate - NC2S
编舞者: Robin Sin (SG) - August 2024
音乐: Try It On My Own - Whitney Houston



#20 counts intro

RESTARTS on Wall 2 and Wall 5

TAG 1 after wall 3

TAG 2 after wall 7

STEP SWEEP, CROSS SIDE BEHIND, BEHIND, ¼ TURN, FWD, ROCK FWD, RUN BACK, BACK, ½ TURN, ROCK FWD, RUN BACK BACK, ROCK BACK KICK

1 Step R fwd and sweep L
2&3 Cross L over R, Step R to side, Step L behind R and sweep R 12.00
4&5 Step R behind L, ¼ turn left, step L fwd, rock R fwd 9.00
6&7 Run back on L – R, ½ turn left, rock L fwd (Arms: throw out both arms fwd) 3.00
8&1 Run back on R – L, Rock back on R while lifing L fwd (Arms: place L palm on top of R palm on chest)

RUN FWD FWD, ROCK FWD, ½ TURN ROCK FWD, ROCK BACK, STEP FWD, ½ TURN, STEP BACK, ¼ TURN, STEP SIDE, CROSS ROCK, RECOVER, STEP SIDE, CROSS ROCK

2&3 Run fwd on L – R, Rock fwd on L (Arms: Raise L arm fwd)
4-5 ½ turn right, rock fwd on R (Arms: Raise R arm fwd) rock back on L (Arms: place R palm on chest) 9.00
6&7 Step fwd on R, ½ turn right, Step back on L, ¼ turn right, Step R to side 6.00
&8&1 Cross rock on L over R, Recover R, Step L to side (*), Cross R over L
(*) RESTARTS HERE ON WALL 2 12.00 and WALL 5 6.00

RECOVER, SIDE, STEP DIAGONAL, RUN FWD, ARABESQUE, RUN BACK BACK BACK, ½ TURN, ROCK, RECOVER

2&3 Recover on L, step R to side, step L diagonally right 6.00
4&5 Still on diagonally right, Run fwd on R -L, step R fwd while raising L back, (Arms: R arm raise fwd) 7.30
6&7 Run back on L -R -L 7.30
8-1 ½ turn right, Rock R fwd, Recover on L 1.30

BEHIND, 1/8 TURN, SIDE, FWD, STEP PIVOT ½ TURN STEP, FULL TURN x 2

2&3 Step R behind L, 1/8 turn left, Step L to side, Step R fwd 12.00
4&5 Step L fwd, Pivot ½ turn right on R, step L fwd 6.00
6-7 ½ turn left, step back on R, ½ turn left, step L fwd 6.00
8& ½ turn left, step back on R, ½ turn left, step L fwd 6.00

START AGAIN!

RESTARTS on Wall 2 12.00 and Wall 5 6.00 after count 16&

TAG 1 after wall 3 6.00

STEP SWEEP, CROSS SIDE BEHIND SWEEP, BEHIND SIDE CROSS, RECOVER SIDE CROSS, RECOVER, ROCK FWD, RECOVER x2

1 Step R fwd and sweep L
2&3 Cross L over R, Step R to side, Step L behind R and sweep R
4&5 Step R behind L, Step L to side, Cross rock on R
6&7 Recover on L, Step R to side, Cross rock on L
8& Recover on R, Step L to side

1-4 Rock fwd on R, recover on L, repeat

TAG 2 after wall 7 6.00

STEP SWEEP, CROSS SIDE BEHIND SWEEP, BEHIND SIDE

1 Step R fwd and sweep L

2&3 Cross L over R, Step R to side, Step L behind R and sweep R

4& Step R behind L, Step L to side,

ENDING: Do till count 17 drag L towards R
