

Before I Met You

COPPER STEPSHEETS **KNOB**

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Christine Stewart (NZ) - August 2024
音乐: Before I Met You - Kaylee Bell & The McClymonts : (Album: Before I Met You)



TAG at end of wall 9 facing 9:00. No restarts

ENDING: Dance automatically finishes facing 12:00 during wall 12, after count 16. Step Right foot forward to finish the dance.

Intro: 16 counts. Dance starts just before the lyrics kick in. Dance rotates CCW (counter clockwise) direction

Begin facing 12:00 with weight on Left foot and Right foot touched beside Left foot

[1 – 8] VINE RIGHT, SIDE, TOUCH, SIDE, TOUCH

- 1 - 4 Step Right foot to right side, Step onto Left foot behind Right foot, Step Right foot to right side, Touch Left foot beside Right foot
- 5 - 6 Step Left foot to left side, Touch Right foot beside Left foot
- 7 - 8 Step Right foot to right side, Touch Left foot beside Right foot

[9 – 16] VINE LEFT MAKING ¼ TURN LEFT, SIDE, TOUCH, SIDE, TOUCH

- 1 - 4 Step Left foot to left side, Step onto Right foot behind Left foot, Turn ¼ left and step Left foot forward, Touch Right foot beside Left foot (9:00)
- 5 - 6 Step Right foot to right side, Touch Left foot beside Right foot
- 7 - 8 Step Left foot to left side, Touch Right foot beside Left foot

[17 – 24] ROCKING CHAIR, ROCKING CHAIR

- 1 - 4 Step/Rock forward onto Right foot, Recover/Rock back onto Left foot, Step/Rock back onto Right foot, Step/Rock forward onto Left foot
- 5 - 8 Step/Rock forward onto Right foot, Recover/Rock back onto Left foot, Step/Rock back onto Right foot, Step/Rock forward onto Left foot

[25 – 32] STEP FORWARD, KICK, STEP BACK, TOUCH, STEP FORWARD, KICK, STEP BACK, TOUCH

- 1 - 4 Step Right foot forward, Kick Left leg forward, Step Left foot back, Touch Right foot beside Left foot (9:00)
- 5 - 8 Step Right foot forward, Kick Left leg forward, Step Left foot back, Touch Right foot beside Left foot

TAG (8 counts). Done at end of wall 9 facing 9:00

[1 – 8] STEP FORWARD, KICK, STEP BACK, TOUCH, STEP FORWARD, KICK, STEP BACK, TOUCH

- 1 - 4 Step Right foot forward, Kick Left leg forward, Step Left foot back, Touch Right foot back (9:00)
- 5 - 8 Step Right foot forward, Kick Left leg forward, Step Left foot back, Touch Right foot beside Left foot (this makes the start easier to start again)

email: christine@silverliningdance.co.nz **website:** www.silverliningdance.co.nz