

# When I Let Loose

COPPERKNOB  
STEPPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Madison Spears (USA) & Brady Spears (USA) - April 2024  
音乐: Can't Help Myself - Dean Brody & The Reklaws



**\*\*2x 16 count Tags - Walls 1 & 4**

**\*\*2 Restarts - Walls 3 & 7**

## TAG 16 Counts

### Tag Section 1: Step R, Step L, Shuffle R, Step L, Step R, Shuffle L

- 1 Step R out to R side while picking up the L foot
- 2 Step L out to L side picking up the R foot
- 3&4 Step R out to R side, step L to R, Step R out to R side
- 5 Step L out to L side while picking up the R foot
- 6 Step R out to R side while picking up the L foot
- 7&8 Step L out to L side, Step R to L, Step L out to L side

### Tag Section 2: Heel Grind $\frac{1}{4}$ turn, Coaster, Rock, Coaster

- 1-2 Step R heel down and use the heel to turn  $\frac{1}{4}$  to the R
- 3 Step R back
- & Step L to R
- 4 Step R forward
- 5 Rock forward on L
- 6 Recover R
- 7 Step L back
- & Step R to L
- 8 Step L forward

## END OF TAG

### Section 1: Heel Taps, Weave, Heel Taps, Weave

- 1-2 2 Taps on R heel
- 3 Cross R behind L
- & Step L foot out to L side
- 4 Cross R over L
- 5-6 2 Taps on L heel
- 7 Cross L behind R
- & Step R foot out to R side
- 8 Cross L over R

**\*OPTION: You can add claps on the "&" beats of the heel taps!**

### Section 2: Rock, Shuffle Back, Heel Grind w/ $\frac{1}{2}$ turn, Coaster

- 1 Rock forward on R
- 2 Recover L
- 3 Step R back
- & Step L to R
- 4 Step R Back
- 5-6 Step back on L heel and do a  $\frac{1}{2}$  turn to opposite wall
- 7 Step L back
- & Step R to L
- 8 Step L forward

**\*2nd restart will happen here on Wall 7**

**Section 3: Shuffle, Full Turn over R shoulder, Shuffle, Full Turn over L shoulder**

- 1 Step R forward
- & Step L to R
- 2 Step R forward
- 3-4 Full turn over R shoulder
- 5 Step L forward
- & Step R to L
- 6 Step L forward
- 7-8 Full turn over L shoulder

**\*1st restart will happen after this step on Wall 3**

**Section 4: V Step, Sailor Step, Sailor ¼ turn**

- 1 Step R foot diagonally forward
- 2 Step L foot diagonally forward
- 3 Bring R foot back to center
- 4 Bring L foot back to center
- 5 Swing R foot behind L
- & Step weight onto L foot
- 6 Step R out to R side
- 7 Step L behind R
- & Step weight onto R foot
- 8 Step L out to L side while turning ¼ to the left

**\*Tags will both happen after this step on Walls 1 & 4**

**Last Update - 23 Aug. 2024 - R1**

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