

# I Promise

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jamie Barnfield (UK) - July 2024  
音乐: I Promise - Ryan Evans : (Single)



Intro: 32 Counts  
Extra Bits!: 1 Tag

## S1: STEP FORWARD, TAP, SHUFFLE BACK, ROCK, RECOVER, KICK-BALL CROSS

1-2            Step forward on Right, tap Left toes behind Right  
3&4           Step back on Left, close Right next to Left, step back on Left  
5-6           Rock back on Right, recover on Left  
7&8           Kick Right forward, step down in place on ball of Right, cross Left over Right

## S2: SIDE ROCK, RECOVER, CROSS SHUFFLE, 1/4, 1/4, CROSS ROCK RECOVER

1-2            Rock Right to Right side, recover on Left  
3&4           Cross Right over Left, small step on Left to Left side, cross Right over Left  
5-6           1/4 Right stepping back on Left, 1/4 Right stepping Right to Right side (6:00)  
7-8            Cross rock Left over Right, recover on Right

## S3: SIDE, TOUCH, SIDE TOUCH, SIDE, CLOSE, CROSS SHUFFLE

1-2            Step Left to Left side, touch Right next to Left  
3-4            Step Right to Right side, touch Left next to Right  
(Styling: Lead step touches with your shoulders for more of a relaxed feel!)  
5-6            Step Left to Left side, close Right next to Left  
7&8            Cross Left over Right, small step Right to Right side, cross Left over Right

## S4: SIDE, BEHIND, 1/4 RIGHT, PIVOT 1/2, STEP, 1/2, 1/2

1-2            Step Right to Right side, cross Left behind Right  
3-4            1/4 Right stepping forward on Right, step forward on Left  
5-6            Pivot 1/2 Right, step forward on Left with toes turned out to left  
7-8            1/2 turn Left stepping back on Right, 1/2 turn Left stepping forward on Left  
(Non turning Option for count 7-8: Walk Walk)

**TAG: To be danced at the end of Wall 3 facing 9 O'clock**

### K - STEP (with Claps)

1-2            Step Right forward to Right diagonal, touch Left next to as you clap hands  
3-4            Step Left Back to Left diagonal, touch Right next to as you clap hands  
5-6            Step Right back to Right diagonal, touch Left next to Right as you clap hands  
7-8            Step Left forward to Left diagonal, touch Right next to Left as you clap hands

**ENDING: At the end of Wall 11: For counts 7-8 in section 4 replace them with 1/2, then 1/4 to end on the front wall and cross your Right foot over Left..... Ta-dah!**